

DCCCA NEWSLETTER - APRIL, 2007

Dear Members,

We have gone through a Newsletter Editor change. Please bear with us, no doubt there is information that you are used to reading that won't be in this issue.

Please note the classes that are scheduled for the remainder of 2007. on Page 4. We are planning a Tour of Homes July 14 (Sat) I will be contacting everyone to see who would like to participate. This "Tour" basically involves where your childcare children spend their time in your home, and a quick overview from the Provider as to how she runs her day, very simple – nothing hard or elaborate. This is just for new ideas the other providers might want to incorporate in their homes. We should be at each home no longer than 10-15 minutes. Please contact Paula 720-344-2931 or dccca@comcast.net if you would like to participate in EITHER showing your home, or just enjoying the tour.

In August we will have a family picnic at the Redstone Park in Highlands Ranch. We have done this in the past and it's A LOT of fun. Paula will contact each member by email or at classes to see who would like to attend. We will be asking each member to bring a side dish, bag of chips, dessert etc. The Association will provide hamburgers, hotdogs, buns, drinks and the like. You will receive 2 hours credit for attending. **JULY & AUGUST will not have Tuesday night meetings because of these Saturday events that are scheduled.**

Respectfully,
Paula

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SHELLEY NOWE 303-346-9779 shelleynowe@comcast.net

PARKER & ELIZABETH

CANDY NONNEMACHER 303-841-3150 JNCNON@msn.com

IMPORTANT NUMBERS TO KEEP ON HAND!

Human Services, Division of Childcare - Main Number 303-866-5958
Front Range Community College, Child Care Licensing 303-404-5092
Director of Licensing – Rosemarie Allen 303-404-5092
Asst. Dir. Of Licensing – Janet Campbell 303-404-5092

Douglas County Licensing Specialist

Jodi Gillespie 303-404-5597 X3929

Annester Taylor-Brown 303-404-5597 x3591

Food Programs:

A Child's Choice 303-627-9207
Child Care Sponsors 303-745-1358
Kids Nutrition 303-987-4852
Wildwood 303-730-0460

Surrounding County Referrals:

A Caregiver Network 720-870-1161
Adams 303-451-1061
Arapahoe 303-246-5146
Boulder 303-494-0404
Broomfield 303-469-5596
Denver 303-750-1062
North Denver 303-371-7650
Jefferson 303-969-8772
Longmont 303-651-1539
Lafayette 303-828-4617

Resource Agencies:

Qualistar (Merger of Corra & Educare www.qualistar.org 303-290-9088
Metro Denver R & R
Resource & Referral 303-969-9666
Families First 303-745-0327
Family Support Line 303-695-7996
Family Resources 303-969-9500
Care Connection 303-604-0030
Colo. Childcare Assoc. 303-860-7174
CAFCC 303-450-7297
www.coloradochildcare.com
CAEYC 303-791-2772
www.coloradoaeyc.org
Department of Health
Immunization Cards 303-692-2650
<http://www.cdphe.state.co.us/dc/immunization>

SPECIAL NEEDS HELP

Early Childhood Connection for Arap & Douglas Counties 303-706-0075
Arap. County Early Childhood Council Gretchen Davidson –720-289-5532 or gretchen_acecc@msn.com
Colorado State – www.cdestate.co.us/earlychildhoodconnections/index.htm
Colorado Department of Education - 303-866-6710 Main Line
Parent to Parent of Colorado – 1-877-472-7201
Colorado Dev. Disabilities Council 720-941-0176 cddoc.email@state.co.us
Colorado Dept. of Human Services – Dev. Disabilities Services – 303-866-7450
Statewide Resources – www.cde.state.co.us/earlychildhoodconnections/state/htm
Disorder Zone Archives – www.specialchild.com/disorder.html
Kidstreet for Special Needs children - 303-861-6020
Developmental Pathways – Works within daycare centers/homes 303-360-6600 (Child Care Inclusion Project)

DCCCA SERVICE DIRECTORY: FOR THE MEMBERS OF OUR ASSOCIATION THAT ALSO WORK VERY HARD WITH OTHER JOBS AS WELL:

MARY KAY COSMETICS	CANDY NONNEMACHER	303-841-3450
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TRAINING NEEDS	PATTY BUTKOVICH	303-693-8088
USBORNE BOOKS	DEBBIE BRADLEY	303-359-9553
STAMPIN UP	MONICA WOODALL	303-814-2144
LIL' ANGEL DESIGNS	AMBER SPEAR	303-346-2839

UPCOMING DCCCA CLASSES FOR 2007

PLEASE MARK YOUR 2006 CALENDARS FOR THE UPCOMING CLASSES BELOW!

MAY 15 TUESDAY * * * (3RD TUES) ARROWOOD ELEMENTARY SCHOOL - 10345 ARROWOOD DR. 6:45-8:45 IN THE LIBRARY – LOVE & LOGICS CLASS

The dates for the meetings below ARE **at the Lone Tree Library (unless otherwise noted)** AND are as follows:

JUNE 12 TUESDAY Topic undecided at time of newsletter

JULY 14 SATURDAY TOUR OF HOMES *MUST REGISTER IN ADVANCE**
9 A.M. - ? (Certificate will reflect amount of hours)

*****NO TUESDAY CLASS IN JULY – ONLY SATURDAY TOUR OF HOMES CLASS LISTED ABOVE**

AUGUST 11 SATURDAY 11:00 – 1 PICNIC/COOKOUT AT REDSTONE PARK IN HIGHLANDS RANCH. SIGN UP SHEET WILL BE OUT (EMAILED) IN JUNE (YOU WILL RECEIVE 2 HOURS OF CREDIT, & THIS DOES INCLUDE YOUR IMMEDIATE FAMILY)

*****NO TUESDAY CLASS IN AUGUST – ONLY SATURDAY PICNIC CLASS LISTED ABOVE**

SEPT. 11 TUESDAY MAKE & TAKE HOLIDAY CRAFTS (HALLOWEEN, THANKSGIVING AND CHRISTMAS. YOU WILL NEED TO SIGN UP FOR THIS CLASS IN ADVANCE, SO THAT THE RIGHT AMOUNT OF SUPPLIES CAN BE PURCHASED. BRING SCISSORS & GLUE AND SOMETHING TO CARRY HOME YOUR FINISHED CRAFTS. THANKS

OCTOBER 9 TUESDAY INSURANCE FOR YOUR CHILDCARE HOME 1 HOUR CREDIT & STORY TELLING 1 HOUR CREDIT

NOVEMBER 13 TUESDAY UNSCHEDULED AS OF THIS NEWSLETTER

NO CLASS FOR DECEMBER, 2007 - PLEASE, ENJOY THE HOLIDAYS!!!!

How Well Do Newborn Babies Hear?

Newborn babies can hear fairly well, but not perfectly. The middle ear of a newborn is full of fluid and this impairs hearing to a small extent. Additionally, the entire hearing apparatus is somewhat immature. That's why newborn babies respond best to high-pitched, exaggerated sounds and voices.

Due to learning in the womb, newborns are born with the ability to distinguish their mother's voice and respond to it above all others.

When to Worry About Your Baby's Hearing:

If your newborn does not respond to loud sounds with a startle reaction or never seems to turn toward your voice in the first months, run it by your pediatric provider to be sure there is no potential for hearing loss. Many states now have newborn screening for hearing loss, so you will know early on that your little one's hearing is OK.

How Well Can Newborn Babies See?

Babies are born with a full visual capacity to see objects and colors. However, they are extremely nearsighted (i.e. far away objects are blurry):

- Newborns can see objects about 8-15 inches away quite sharply.
- Newborns prefer to look at faces over other shapes and objects and at round shapes with light and dark borders (such as your adoring eyes).

So you're not imaging it when you see your baby fixate on your face and eyes, especially during a feeding, when your face is about a foot away.

When to Worry About Your Baby's Vision:

- If your baby never seems to fixate on objects about a foot away -- especially your face -- in the first weeks or months, tell your pediatric provider.
- At 3-4 months, if your baby still looks "cross-eyed" (the left and right eyes seem to be looking in different directions), this could be a sign of a visual or eye muscle problem. However, this cross-eyed gaze is common and usually normal in the first few months of life.

Speech and language development, birth to 1 year of age

Speech and language development milestones relate to receptive language (the ability to understand words and sounds) and expressive language (the ability to use speech and gestures to communicate meaning).

Receptive language skills are the first communication skills learned. Expressive language also begins soon after birth. Speech progresses from isolated sounds to possibly making a simple word or two (like "mama") by the end of the first year.

Speech and language milestones		
	Receptive language	Expressive language
Babies less than 1 month old:	<ul style="list-style-type: none"> Listen to the rhythm and melodies of speech. Usually can pick out their mother's voice. Learn the rhythm and melodies of two languages when both are frequently spoken in their environment. 	<ul style="list-style-type: none"> Use undifferentiated crying, which is crying that sounds the same and does not vary by specific need.
1- to 4-month-old babies:	<ul style="list-style-type: none"> As early as 1 month, may recognize the basic and distinct sounds of a language (phonemes), such as "tr" and "cl." Prefer "baby talk" and voices with high pitch. Become alert to sounds by blinking or widening eyes; may start to be awakened by noise, become startled, or turn toward a sound to look for its source. Will quiet to their mother's voice. 	<ul style="list-style-type: none"> Make cooing sounds, often vowel sounds such as "ah-ah-ah" or "ooh-ooh-ooh." At about 3 months, make cooing sounds back to someone who is talking to them.
5- to 6-month-olds:	<ul style="list-style-type: none"> Recognize their own name. 	<ul style="list-style-type: none"> Make sounds like "goo" and blow bubbles at the same time. At about 6 months, start to babble, repeat sounds, such as "ma-ma-ma" or "bah-bah-bah" to get attention or express feeling. By 6 months of age, vary their cries to signal specific needs.
7- to 9-month-	<ul style="list-style-type: none"> Hear words as distinct sounds. By 9 months, usually recognize 	<ul style="list-style-type: none"> Repeat sounds that they hear.

olds:	the meaning of some facial expressions and tone of voice, such as when a parent says "No!"	<ul style="list-style-type: none"> • Mimic the rhythm of the way others talk to them. • May say words like "mama" and "dada." • By 9 months may wave "bye-bye" when prompted.
	•	•
10-month-olds:	<ul style="list-style-type: none"> • Usually understand "mama" and "dada" and can identify each parent. 	<ul style="list-style-type: none"> • Correctly refer to each parent as "mama" or "dada."

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Your Baby's Skin: Rashes

A newborn's skin is prone to rashes of all sorts, but luckily most of these rashes are harmless and go away on their own.

Common Rashes in the Newborn Period

- **Pink pimples** ("neonatal acne") are often caused by exposure in the womb to maternal hormones. No treatment is needed, just time. They can last for weeks or even months.
- **Erythema toxicum** is another common newborn rash that looks like mosquito bites or hives. Its cause is unknown, and it resolves without treatment after a few days or weeks.
- **Dry, peeling skin** is often due to a baby being born a little late. The underlying skin is perfectly normal, soft, and moist.
- **Little white bumps on the nose and face** ("milia") are caused by blocked oil glands. When the oil glands enlarge and open up in a few days or weeks, the white bumps disappear.
- **Salmon patches** (called a "stork bite" at the back of the neck or an "angel's kiss" between the eyes) are simple nests of blood vessels (probably caused by maternal hormones) that fade on their own after a few weeks or months. Occasionally stork bites never go away.
- **Jaundice** is a yellow coloration to the skin and eyes. It is caused by an excess of bilirubin (a breakdown product of red blood cells).
 - If the bilirubin level becomes sufficiently high, blue or white lights may be focused on the baby's skin to lower the level, because excess bilirubin can sometimes pose a health hazard.
-
- **Mongolian spots** are very common in any part of the body of dark-skinned babies. They are flat, gray-blue in color (almost looking like a bruise), and can be small or large. They are caused by some pigment that didn't make it to the top layer when the skin was being formed. They are harmless and usually fade away by school age.

After the first few days or weeks (or even months), new rashes can appear.

Common Rashes in the First Few Months

- **Cradle cap ("seborrhea")** often shows up at 1-2 months. Greasy, yellowish crusts appear on the scalp (due to excess oil), as well as a red, irritating rash on the face, behind the ears, on the neck, and even in the armpits. Your pediatric provider will tell you how to best treat this common condition, depending on your baby's symptoms.
- **Eczema** is red, itchy patches on the skin, often seen on the chest, arms, legs, face, elbows, and behind the knees. It is caused by dry, sensitive skin, and sometimes allergies (although it can be difficult at this age to know what the allergen might be). Your pediatric provider can determine if the rash looks like eczema and prescribe the appropriate treatment. In general, treatment consists of:
 - Using a very gentle soap
 - Using a gentle detergent and no fabric softener in the laundry
 - Applying a steroid cream (like hydrocortisone or even a stronger one) if the eczema just won't go away.
- **Prickly heat** presents as small red bumps, mostly on areas of the body that tend to overheat and sweat, like the neck, diaper area, and armpits. The treatment is to try to keep the area dry and avoid overheating by wearing loose-fitting clothing.
- **A yeast ("monilia") infection** can show up in different ways. On the tongue, it is called thrush and looks like dried milk which, unlike milk, cannot be scraped off. In the diaper area, yeast looks like an intense red rash, often with smaller bumps around the edges. Yeast loves moist, dark areas, so you'll find it in the creases of the thighs (unlike an irritation rash in which the creases are spared from the rash). Yeast is treated with anti-yeast liquid medicine (for thrush) or cream (for the diaper area).

Tips for Concerned Parents:

In the first few months of a baby's life, any rash associated with other symptoms (such as fever, poor feeding, lethargy, cough) needs to be evaluated by a pediatric provider as soon as possible.

When to Worry:

While most rashes are not serious, a few need very close attention:

- Fluid-filled blisters (especially ones with opaque, yellowish fluid) can indicate a serious infection, like a bacterial infection or herpes.
- Small red dots over the body ("petechiae") can be caused by a viral infection or a potentially very serious bacterial infection. Any infant with possible petechiae should be evaluated by a pediatric provider as soon as possible.

For those of you with Pre-schoolers moving into Kindergarten

Because each child is different, it is sometimes difficult for a parent to determine whether or not their child is ready for kindergarten. Students should have the following skills when beginning kindergarten.

- *Tying own shoelaces*
- *Bathroom manners: washing hands and flushing toilet*
- *Taking care of own things and picking up after themselves*
- *Being able to zip own zippers and fasten buttons*
- *Listen to directions and share with others*
- *Knowing how to eat with utensils, not get food all over face and know how to use a napkin*
- *Identify some alphabet letters*
- *Sort similar objects by color, size, and shape*
- *Knowing home address, phone number and how to spell parents' last name*
- *Counting to 10*
- *Sing songs in a repeated or rhythmic pattern*
- *Balancing*
- *Fine motor skills such as properly holding a pencil or crayon*
- *Listen to stories without interrupting*
- *Speak understandably*

Tips to help children make the transition to kindergarten:

- *Visit the new school several times over the summer to help create a familiar atmosphere.*
- *Set up playtimes on the school playground, especially with some of the other children entering the kindergarten program. This will set up an automatic support system.*
- *Take a tour of the new school. Often a principal or assistant principal will guide the tour and this helps to familiarize your child with the various places in the school such as the library, classroom and nurse's office.*
- *Create a routine at home to help your child get oriented to following directions and helping with transitioning to the school routine.*
- *Give your child developmentally appropriate chores at home, and hold them accountable for doing them. These types of activities will automatically transfer over into the classroom and help your child to feel successful and comfortable.*

Source: www.greatschools.com

Leslie Heckman
Real Solutions Group

*First and Foremost Helping to Put CHILD PREDATORS out of Business!
Second Helping Families find their DREAM HOME and More!
Lastly Helping America LOOK and FEEL YOUNGER and HEALTHIER!*

THANK YOU FOR ALL YOUR PAST, PRESENT AND FUTURE BUSINESS AND REFERRALS.

To Learn more Please contact me.
720-344-8832 Office

<http://www.rsghomes.com>
<http://www.childshieldusa.com/safeguard>

REFERRAL TOTALS CASTLE ROCK
FEBRUARY

FT UNDER 2	5		
FT OVER 2	8		
PT UNDER 2	4		
PT OVER 2	6		
SCHOOL AGE	5		
DROP IN	2		
SUMMER ONLY	0		
EXTENDED HRS.	0		
BACK UP	0		
WEB	3	CENTER	2
AREA PAPER		FRIEND	0
DEX	3	CCAP	0
YELLOW PGS	1	PROVIDER	2
USED BEFORE	0	ONLINE	4
NEWSLETTER	1		

REFERRAL TOTALS CASTLE ROCK
MARCH

FT UNDER 2	6		
FT OVER 2	6		
PT UNDER 2	10		
PT OVER 2	4		
SCHOOL AGE			
DROP IN	1		
SUMMER ONLY			
EXTENDED HRS.	2		
BACK UP			
TOO SOON	1		
WEB	9	CENTER	
AREA PAPER		FRIEND	3
DEX	2	CCAP	1
YELLOW PGS		PROVIDER	1
USED BEFORE	2	ONLINE	1
NEWSLETTER		FLIER	5

REFERRAL TOTALS HIGHLANDS RANCH
FEBRUARY

FT UNDER 2	12		
FT OVER 2	2		
PT UNDER 2	19		
PT OVER 2	1		
SCHOOL AGE	1		
DROP IN	2		
SUMMER ONLY	0		
EXTENDED HRS.	0		
BACK UP	0		
TOO SOON	1		
WEB	11	CENTER	0
AREA PAPER	0	FRIEND	3
DEX	0	CCAP	1
YELLOW PGS	3	PROVIDER	10
USED BEFORE	3	ASSOC	1
NEWSLETTER	0	CRAIGS	1

REFERRAL TOTALS HIGHLANDS RANCH
MARCH

FT UNDER 2	21		
FT OVER 2	4		
PT UNDER 2	13		
PT OVER 2	7		
SCHOOL AGE			
DROP IN	2		
SUMMER ONLY	2		
EXTENDED HRS.			
BACK UP			
TOO SOON			
WEB	16	CENTER	0
AREA PAPER	0	FRIEND	6
DEX	0	CCAP	1
YELLOW PGS	1	PROVIDER	10
USED BEFORE	1	ONLINE	0
NEWSLETTER		FLIER	0

REFERRAL TOTALS	PARKER			REFERRAL TOTALS	PARKER		
FEBRUARY				MARCH			
SORRY NOT AVAILABLE DURING THIS TIME				SORRY NOT AVAILABLE DURING THIS TIME			