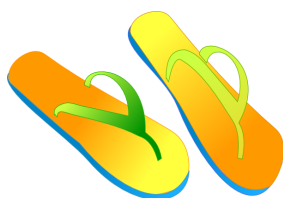


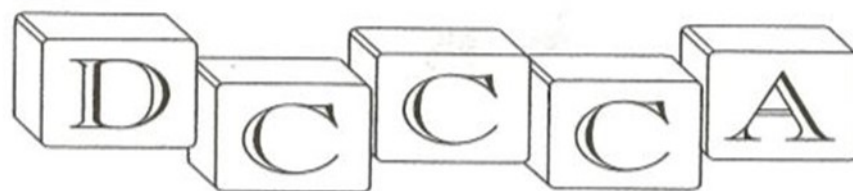
# DCCCA Newsletter

July, August & September, 2018

# WELCOME



Paula Williams, Newsletter Editor



Douglas County Child Care Association  
*building blocks for America's future*

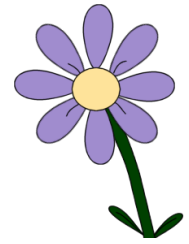
# July, August & September

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## A note from Angela



### Thinking Out Loud....

Please indulge me..... as I “think” and “share” out loud. This will likely resemble a free-flowing look into my thoughts, as they apply to our work and our association. How did your spring cleaning go? What gives for the summer?

I have managed to meet a measure of my before mentioned “spring cleaning goals” with energy to spare, and thus fueling me into the summer. Purple Playtex gloves holding up well, garage, crawl space, family room, linen closets less cluttered. Lost a few pounds and inches. (Not in the right places, yet!) Personal, professional and financial goals more defined. Found help to reorganize and clear out my office and work-related items. On my way...let’s just say.

Preschool has ended, and the transformed outdoors beckons. My gang spent 4 ½ hours lollygagging in the backyard the other day! Coming in only to eat!! It has been wonderful to witness the progression and maturation of the kiddos we have been caring for, teaching and guiding this past school year! Some will be moving on, with the advent of new children and families coming into our lives. It is the most special “circle” of our work and our profession.

New DCCCA fiscal year about to begin. Per election, I remain president and hope that despite low voter turnout, I retain a wide vote of confidence by a majority of members! Day to day operations more manageable, with something always to think about, to do, or pending..... 2018-2019 budget review and planning on the table. Membership renewals winding down. Our treasurer, Susan Taboada, does an excellent job with record keeping, paying our bills, spending projections, keeping us in the loop and solvent! Susan, I appreciate your abilities for detail and frugality! Thanks for all your help!

Our fall conference scheduled for Saturday September 29, 2018 is shaping up to be a doozy! New speakers, new class content and a BIG surprise!! Save the date!! We are working to schedule a tax class in November to help educate us to recent tax law changes. Board determined goals that have finally risen to the top such as updating association by-laws, explore, compare and improve our website, write and shore up SOP’s, standard operating procedures, for future board’s reference. Vickie our DCCCA vice president, and I have settled into our separate and combined duties based upon our individual strengths and capabilities. Communication, built trust, and our collective sense of humor, are primary assets of our working relationship. Thanks Vickie for what you bring to the table! You make my job, possible, fun and are such a positive influence!

**I am for those means which will give the greatest good to the greatest number.**

**Abraham Lincoln**

Personally, while I plan on retiring in ten years, I can safely predict I won't be serving on the board until then. Who of you... will step up to carry on our association's visions and missions for the greater good of our profession, members, and families? Who of you have some time this next fiscal year to serve on temporary committees we will form to get more goals accomplished, more easily? Our work today on your behalf, requires volunteers to carry us forward. Please find a way to contribute!

**One person can make a difference, and everyone should try.**

**John F. Kennedy**

Have you thanked your referral agents lately? They take calls and inquiries all hours of the day and back that up with reports to the board. All other volunteers make our day to day operations possible and more manageable. A little gratitude goes a long way! We remain open to your ideas and concerns.

As I enjoy my last sip of red wine.....I toast you, and all that you embody! Teachers, wives, mothers, sisters, daughter, friend, caregivers, mentor, nutritionist, nurse, administrator, accountant, custodian, psychologist, counselor, planner, organizer, shopper, meal planner and maker, miracle worker.....

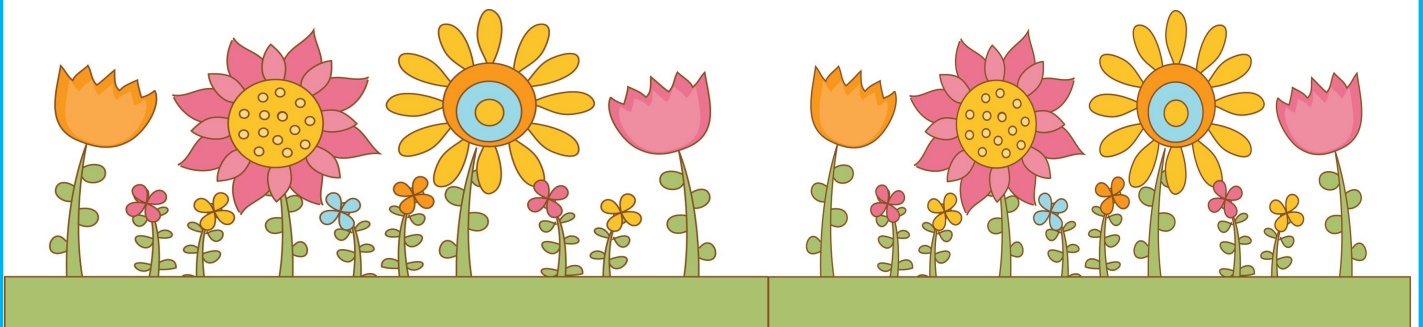
Have a happy, safe and fun 4th of July!! I leave you with one of my favorite poems...

Angela Rosales

## **Blessings**

When I think about my life  
and my blessings great and small,  
I know the things that matter most  
aren't really "things" at all.

For the bounty and the beauty  
in my life that I most treasure  
are simple daily blessings  
I cannot count or measure.



My family tucked in at night,  
a hand to squeeze and hold,  
the miracle of watching  
my children's lives unfold.

Friends who love me as I am,  
and through their love impart  
courage for my journey and  
a glimpse of God's own heart.

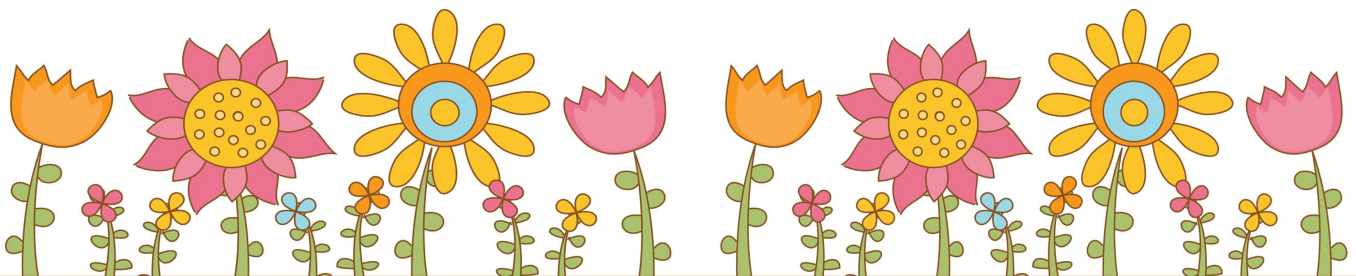
The gift of mindfulness,  
to slow down and surrender  
to a brilliant afternoon  
aglow with nature's splendor.

Life's radiance inspirits  
every day anew,  
and everywhere I look I see  
God's blessing shining through.

It's true that I don't have  
all those "things" I'm longing for  
but I have all I need to live  
and ever so much more.

God's simple daily gifts confirm  
the truth that I embrace:  
just to be is blessing,  
just to live is grace.

Lisa O. Engelhardt



# Douglas County Child Care Association

April 1, 2018— June 30, 2018

## 1st Quarter Treasurer's Report

BALANCE FORWARD

\$ 8,279.16

Income:				
		Total Income	\$ 0.00	
Expenses:	Telephone		\$ 160.83	
	Class Speaker		\$ 290.00	
		Total Expenses	\$ 450.83	
Ending Balance				\$7,828.33

# Referral Recap - April, May & June 2018

Location: Castle Rock	April/ May & June	Location: High- lands Ranch, Lone	April/ May & June	Location: Parker	April/May & June.
Calls for under 2	4/4/4	Calls for under 2	5/9/9	Calls for under 2	6/13/9
Full Time:	4/4/3	Full Time:	2/7/6	Full Time:	5/9/3
Part Time:	0/0/1	Part Time:	3/2/3	Part Time:	1/4/6
Calls for over 2	2/2/3	Calls for over 2	1/2/2	Calls for over 2	4/5/6
Full Time:	2/2/2	Full Time:	1/1/2	Full Time:	3/4/3
Part Time:	0/0/1	Part Time:	0/1/0	Part Time:	1/1/3
Before & After School	0/0/1	Before & After School	0/0/0	Before & After School	0/0/0
Drop In's	0/0/0	Drop In's	0/0/0	Drop In's	0/0/0
Night's or Week- ends	0/0/0	Night's or Weekends	0/0/0	Night's or Week- ends	0/0/0
CCAP	0/0/0	CCAP	0/0/0	CCAP	0/0/0
Total Calls for the Month	4/5/8	Total Calls for the Month	6/8/10	Total Calls for the Month	9/14/10

Source in receiving DCCCA referral numbers:		Source in receiving DCCCA referral numbers:		Source in receiving DCCCA referral numbers:	
DCCCA WEBSITE	4/5/8	DCCCA WEBSITE	0/-02	DCCCA WEBSITE	9/14/10
PROVIDER/FRIEND	0/0/0	PROVIDER/FRIEND	1/1/1	PROVIDER/FRIEND	0/0/0
USED BEFORE	0/0/0	OTHER	0/0/0	USED BEFORE	0/0/0
OTHER:	0/0/0	PHONE LINE	1/0/1	OTHER:	0/1/0

**PLEASE REMEMBER TO KEEP IN CONTACT WITH YOUR  
REFERRAL WITH CURRENT & FUTURE OPENINGS IN YOUR HOME.**



# Executive Board and Association Volunteers:

EXECUTIVE BOARD	VOLUNTEERS	PHONE NUMBER	EMAIL ADDRESS
President	Angela Rosales	303-766-9241	<a href="mailto:amagr8rose@q.com">amagr8rose@q.com</a>
Vice President	Vickie Scholl	303-707-0812	<a href="mailto:gtscholl@hotmail.com">gtscholl@hotmail.com</a>
Secretary	OPEN	OPEN	OPEN
Treasurer/ Membership	Susan Taboada	303-841-5899	<a href="mailto:SusanTboada@comcast.net">SusanTboada@comcast.net</a>
REFERRALS:	VOLUNTEERS	PHONE NUMBER	EMAIL ADDRESS
Castle Rock	Sabrina Fulks	303-814-2103	<a href="mailto:Sabricustomemb@gmail.com">Sabricustomemb@gmail.com</a>
Highlands Ranch, Lone Tree, Acres Green & Cen- tennial	Cathleen Zeiler	303-791-3386	<a href="http://Highlandsranchreferral.com">Highlandsranchreferral.com</a>
Parker, Elizabeth	Joanne Payne	303-805-0824	<a href="mailto:tjsspayne@msn.com">tjsspayne@msn.com</a>
ELECTION:	Cathleen Zeiler	303-791-3386	<a href="http://Highlandsranchreferral.com">Highlandsranchreferral.com</a>
Education Committee	Shelley Stackpole	303-346-9779	
STATE REP:	OPEN		
STATE REP	OPEN		
ADVERTISING:	OPEN		
CRAIGS LIST	Molly Williams	720-488-6405	<a href="mailto:mollyw@q.com">mollyw@q.com</a>
HOSPITALITY	Maria Ciurczak	303-470-8909	<a href="mailto:mciurczak62@gmail.com">mciurczak62@gmail.com</a>
HOSPITALITY	Rita Predmore	303-690-0610	no email address
NEWSLETTER EDITOR:	Paula Williams	303-358-2377	
DOUGLAS CTY ZONING:		303-660-7460	
EIN	EMPLOYER IDENTIFICATION NUMBER	1-800-829-4933	<a href="http://www.irs.gov/businesses/small/article/0,,id=97872,00.html">http://www.irs.gov/businesses/ small/article/0,,id=97872,00.html</a>



# Licensing Specialists & Misc. Numbers

Castle Rock - 80104, 80108 & 80109	Heather Sporrer	303-866-5958 <a href="mailto:heather.sporrer@state.co.us">heather.sporrer@state.co.us</a>
Highlands Ranch Areas: 80129 & 80130	Jodi Gillespie	720-415-6141 <a href="mailto:jodi.gillespie@state.co.us">jodi.gillespie@state.co.us</a>
Highlands Ranch Areas: 80124 , 80125 & 80126	Amanda Schoniger	303-866-4453 <a href="mailto:Amanda.schoniger@state.co.us">Amanda.schoniger@state.co.us</a>
Parker 80134 & 80138	Elizabeth Chase	303-866-5958 <a href="mailto:elizabeth.chase@state.co.us">elizabeth.chase@state.co.us</a>
<b>COLORADO DEPT. OF HUMAN SERV.</b>	<b>303-866-5958</b>	<a href="https://sites.google.com/a/state.co.us/cdhs-dcw/">https://sites.google.com/a/state.co.us/cdhs-dcw/</a>
24 Hour Child Protective Line	303-271-4131	
Immunization Line	303-237-7178	
Colorado Dept. of Health	303-692-2035	
Rocky Mountain Poison Control	303-222-1222	
NAFCC (National Assoc. for family Child Care)	800-359-3817	
<b>CHILD FIND</b> for Douglas County Schools	720-433-0020	
<b><u>FOOD PROGRAMS FOR DOUGLAS COUNTY:</u></b>		
<b>Kids Nutrition Company</b>	<b>303-987-4851</b>	
<b>Southwest Food Program</b>	<b>719-573-2246</b>	
<b>Wildwood Food Program</b>	<b>303-730-0460</b>	

# Insurance Options for your Child Care Home

Dawna Nolan, Broker	720-519-0291	<a href="mailto:dawna@cowest.com">dawna@cowest.com</a>
ADCO General Daycare Insurance	303-893-5770	
Adults and Children Alliance	1-800-433-8108 Ext. 2028	<a href="http://www.acainc.org/partners.html">www.acainc.org/partners.html</a>
Allstate Insurance	303-833-5588	
Assure Child Care	1-855-818-5437	<a href="http://www.assurechildcare.com">www.assurechildcare.com</a>
Cherry Creek Insurance Group	303-799-0110	<a href="https://www.travelers.com">https://www.travelers.com</a>
Child, Inc.—Liability Insurance	1-800-844-8288 Ext. 108	
Child Care Insurance Professional	1-800-819-9992	
Dan Gillespie, Insurance Broker	303-656-6912	
Daycare Defender	1-800-414-1066	<a href="http://www.dcdefender.com">www.dcdefender.com</a>
DC Insurance Services, Inc.	1-800-624-0912	<a href="http://www.dcins.com/contact-us.html">www.dcins.com/contact-us.html</a>
Farmers Insurance - Daniel Cashmore	303-979-0315	
Mike Boling Markel	1-888-515-8537	
New England Insurance Services, Inc	1-888-845-8288	<a href="http://www.neisinc.com">http://www.neisinc.com</a>
State Farm Insurance - Daniel West	303-790-4333	

# In the SPOTLIGHT

Connecting with Early childhood Education peers on a personal and professional level!

Carrie Nelson,

QRIS Navigator



After completing my under grad, I moved to Colorado and began working in early childhood as a Pre-school teacher. I continued in early childhood working in the rest of the classrooms, then I became a Director for a few years. My Master's is in marriage, family and child therapy. I took a small break from early childhood and pursued this career working for a small agency in the Denver area. After a few years, I began missing early childhood and someone told me "you should take EQIT and see if you want to get back into early childhood." So, I did just that. I loved the course so much and realized that I really did miss the field of early childhood. Shortly after, I opened my family child care home. During that time, I was also asked to take the training required to become an EQIT teacher for Douglas County Early Childhood Council. I began teaching EQIT while I had my FCCH. It was a wonderful break to get out of the house for a few hours a week and talk to the adults! From EQIT, I continued to take additional training classes in adult learning models. My role with Douglas County Early Childhood Council has grown and evolved over the years. In 2015 I closed my FCCH to focus on just that. Currently, I support licensed Douglas County early childhood providers with technical assistance, grant opportunities, coaching, professional development classes and purchase quality improvement materials. I often say that we are all small, but mighty council and we do just a little bit of anything and everything that is asked of us!

What inspired me to return to the field of early childhood was my experience as a family and child therapist. Early childhood education was present in the lives of all the families I worked with. I saw first hand that the early childhood setting made a HUGE impact on the lives of children and their families. I want that impact to ALWAYS be positive. Early childhood professionals have the capacity to give children what their families cannot. They can level the playing field for at risk children and families and provide them with a strong foundation for life. I think there are many issues that face and challenge all families from all socioeconomic and cultural backgrounds. I believe that early childhood professionals are a critical part of teaching parents about developmentally appropriate practices and giving children the healthiest strongest beginning as possible.

The most satisfying thing about my profession is that it's so satisfying to me when someone understands the importance and impact of their own work.

I love to be outside; running, biking, hiking and playing with my own children who are 8 and 9 years old.

# PHILADELPHIA INSURANCE & ASSURE CHILD CARE SAFETY TIPS

## OUTDOOR ACTIVITIES| May 2018

Spring time gives many child care operations a chance to spend time outside after being cooped up indoors all winter. As you and your children enjoy the pleasant weather, keep in mind that outdoor activities bring the potential for fun and injury. Please keep these safety tips in mind:

### Play sets/Playgrounds

Whether you have a play set at your home or take your children to a nearby municipal playground, here are some important safety tips from the Consumer Product Safety Commission to keep in mind:

### Outdoor Play Safety Tips

Along with play sets, the following tips cover areas where Philadelphia Insurance Companies and Assure Child Care have experienced claims in the past from outdoor activities:

1. Apply sunscreen – It is not uncommon for children (and adults) to get sunburned – especially after a long winter where they have been indoors most of the time. Overexposure to the sun can lead not only to sunburns, but heat exhaustion and “sun poisoning”. As with any health issue, please check with the parent or guardian before applying sunscreen. <http://www.webmd.com/skin-problems-and-treatments/sun-poisoning>
2. Keep hydrated – It can be difficult to get active kids to stop and take a drink, but they can get dehydrated quickly in warm weather. Dehydration is a serious concern and can lead to other injuries when children cannot think clearly.
3. Watch for animal waste – Children can be infatuated by many things, including animal feces. Be aware of and remove or keep children away from animal poop, such as when cats use a sandbox as a litter box. <http://www.cdc.gov/parasites/animals.html>
4. Safe outdoor toys – There are many toys and recreational equipment that come out of hibernation during the spring. Inspect these carefully to ensure there are no sharp edges, small parts that can be swallowed, broken parts, or other unsafe features. Also, be aware of toys that have been recalled due to safety issues: <http://www.cpsc.gov/en/Safety-Education/Safety-Guides/Toys/>
5. Playing at heights – Trees, tree houses, ladders, and other climbable structures are inviting targets for kids. Set and enforce clear rules and boundaries regarding these. Falls are the leading cause of injuries for children ages 0 – 19 yrs. <http://www.cdc.gov/safekid/>

6. Playground surfacing – Ensure there is adequate surfacing material under playground equipment to reduce injuries from falls.
7. Falling objects – In the spring, it's common to place unused furniture or equipment outside of your home for disposal or donations. However, a bookcase or a dresser with an old TV on it can be an inviting challenge for a small child to climb. Be sure to secure any items you place outside for pickup, or make sure it's not prone to tipping over.  
<http://onsafety.cpsc.gov/blog/2010/09/23/prevent-a-tv-fall-in-your-house/>
8. Supervision – It may seem obvious, but many child care injuries occur when the children are not closely being supervised. Cell phones can be a deadly distraction on the roads and in child care settings. Put cell phones away, keep both eyes on the kids, and remember the axiom – better safe than sorry.

## Summary

**We all appreciate the warm weather and the outdoor fun that can bring. Be sure to keep the fun going all spring, summer and fall by remembering and applying these safety tips. A safe child is a happy child.**

**IMPORTANT NOTICE** - The information and suggestions contained herein are for consideration in your risk improvement efforts. The information is not intended to be complete or definitive in identifying all potential risks to your organization, preventing workplace accidents, or complying with any safety related, or other, laws or regulations. Nor should the information be construed as legal, technical or other professional advice. Philadelphia Insurance Companies and Assure Child Care disclaims all warranties whatsoever with respect to the information contained herein. You are encouraged to adapt the material that is presented to fit the risks and needs of your organization and to have your legal counsel review all of your plans and companies policies.



## 10 Biggest Discipline Mistakes You're Probably Making

Can't seem to get through to your child? It's easier than you think to switch gears. Here are 10 things to avoid when doling out discipline.

By Leslie Garisto Pfaff, Parents Magazine

**Loss of privileges.** If you've tried every classic strategy to get your kid to listen and she's still hitting, talking back, or taunting her little brother, you might be sabotaging your discipline efforts by making one of these ten common missteps. Steer clear of them, and watch your kid start to behave better. Promise.

### 1. Scolding in Public

You should always address dangerous behavior—like running into the street or pushing another kid off the swings—right away. “But avoid disciplining your child in front of other people. When you do that, he may be more focused on who’s overhearing the conversation than on what you’re trying to teach him,” says Erica Reischer, Ph.D., author of *What Great Parents Do: 75 Simple Strategies for Raising Kids Who Thrive*. Look for a private place where you can talk about what just happened without being seen or heard. If you can’t find a space to talk in the moment, briefly point out your child’s misbehavior, and let him know you’ll discuss it later at home. And don’t forget to keep your promise.

### 2. Giving Vague Instructions

You’ve told your kid a million times not to toss her jacket on the floor, so why does she keep doing it? Believe it or not, she might not truly grasp what you’re asking of her. After all, reminding your child to “behave,” for instance, means one thing on a playdate (take turns and share) and something entirely different at the movies (sit quietly). “Make your directions as specific as possible,” advises Larissa Niec, Ph.D., director of Central Michigan University’s Center for Children, Families, and Communities, in Mount Pleasant. Also, tell your child what she should do (“Please hang your jacket on the peg when you come inside”) instead of what not to do (“Don’t throw your stuff on the floor”). The same holds true for reprimands. When Tracy Cutchlow’s 2-year-old, Geneva, smacked her in frustration, the Seattle mom said sternly, “No hitting!” But Geneva kept swatting her, so Cutchlow decided on a new tack: “I said, ‘We don’t hit people. If you’re mad, you can hit a pillow.’” Then she caressed Geneva’s arm and said, “Hands are for touching gently.” Geneva quickly got the message.

## This Chore Chart for Kids Is Genius

Get chores done much faster by printing out this genius chore chart for kids. Customize it for your family's needs to gain more free time than ever!

### 3. Bribing for Fast Results

You may be tempted to short-circuit your kid's meltdown in the produce aisle with the promise of candy at the checkout counter. This strategy might even work—but only for the moment. “Bribing is actually rewarding a child's bad behavior,” says Jeffrey Gardere, Ph.D., coauthor of *Practical Parenting*, so don't be surprised when your child throws a tantrum to get what he wants the next time. He needs to realize that proper behavior—whether it's waiting patiently in line or being nice to a sibling—doesn't come with a payoff; it's simply expected.

### 4. Neglecting Hunger

You can't expect your kid to be at her best when her tummy's empty (no wonder she's whiny!). Hunger makes it difficult to concentrate and can escalate misbehavior. Your child needs to chow down before she can listen up. Try what Dr. Reischer calls a “placeholder.” Acknowledge right away what she did wrong (“I saw you grab your brother's toy out of his hands”) and promise to revisit it (“You're hungry, aren't you? Let's talk about it after a snack”). This delayed discipline approach also works when she's sleepy—or when you are. “If you're tired or hungry, you're more likely to be impatient too,” Dr. Reischer says.

### 5. Going on and on (and on)

Of course, you need to let your child know that it was wrong to dump a glass of water on the dog. But his shenanigans don't call for a lengthy lecture (and he's probably not listening after the first two sentences anyway). Instead, simply explain briefly why drenching the dog wasn't a good idea, make clear that he shouldn't do it again, and then move on.

### 6. Freaking Out

It's hard to stay Zen when your child flushes your favorite earrings down the toilet. But shouting undermines your ability to get through to her. “Kids can't absorb a lesson when they're being screamed at. They either shut down or get mad in response,” says Dr. Niec. Yelling was Summer Blackhurst's default M.O. when her son Benjamin, then 3, kicked or pushed other children. Eventually the Kaysville, Utah, mom realized that raising her voice wasn't working. “If anything, Benjamin seemed to feed off my anger and return it,” she says. So, she tried a new tactic: addressing his misbehavior in a calm tone and adding a consequence every time he shouted in response. That made all the difference. “While it didn't solve the problem overnight, within a few months I had a much calmer kid,” she says.



## **7. Taking It Personally**

Kids act out for lots of reasons: They lack self-control. They like to test boundaries. They need your attention. But we promise: They're not doing it because they don't like you. "A lot of 'bad' behavior is about a child exploring how to get what he wants, whether it's affection, ice cream, or five more minutes of playtime," says Dr. Reischer. Taking offense unnecessarily may make you less affectionate, which might weaken your bond. Keep the hugs and kisses coming, but also let your child know, "I'm not disrespectful to you, and I won't allow you to be disrespectful to me."

## **8. Shaming Your Kid**

Whenever her daughters, Ameera, 8, and Zara, 5, were disobedient, Zaida Khaze, of Fort Lee, New Jersey, would compare one with the other ("Your sister is playing nicely. Why can't you?"). But this approach made the girls resent each other and didn't improve their behavior. "Discipline needs to focus on the way your child acts, not about how she stacks up against someone else," says Dr. Reischer. Khaze's breakthrough came when she stopped comparing her girls and began pointing out when they were behaving well. The payoff: "They're throwing fewer tantrums now, and they get along better," she says.

## **9. Piling On**

It's easy to overreact ("No TV for a month!") when you're upset with your child. But for discipline to be effective, it must be proportional to the misbehavior, not to your level of frustration, says Dr. Reischer. Not only are over-the-top punishments unfair, but they also present a huge challenge to enforce. (Are you really going to throw away the lovey your kid needs to fall asleep?) To prevent yourself from imposing irrational penalties, set up house rules in which you spell out logical consequences ahead of time. For example, let your child know that if he chooses not to empty the dishwasher when you ask him to, he'll have to do it before he can watch his favorite show later.

## **10. Letting Things Slide**

Enforcing the rules sporadically teaches your child that it's no big deal to break them because there might not be any ramifications. "Inconsistency sends the signal that you're not truly in charge," says Dr. Gardere. It's also confusing to a young kid. If you let her kick you for fun when you're playing, she may assume it's fine to do when she's mad. Avoid falling into this trap by reconsidering your expectations regularly. And when your child doesn't meet them, address it—whether by pointing it out or following through with an appropriate conse-

# All About Me!

My Name: \_\_\_\_\_

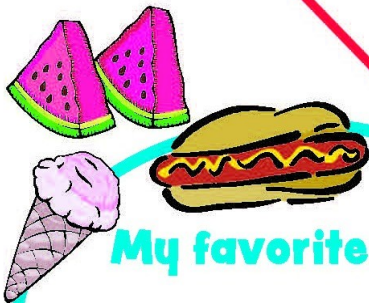


My favorite places to go:



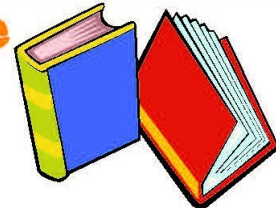
My Age: \_\_\_\_\_

My favorite color:

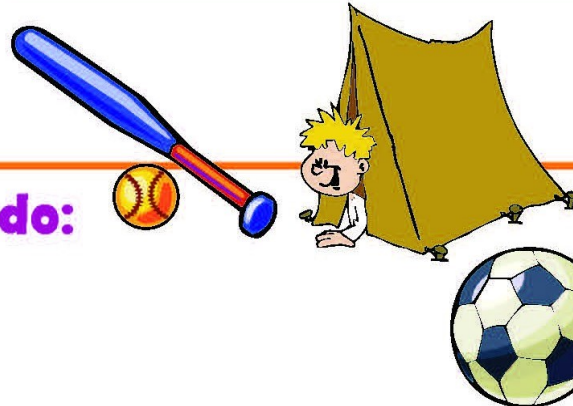


My favorite foods:

My favorite book:



My favorite things to do:



## All About Me Center Ideas:

**Dramatic Play Area:** Place different sized mirrors in your dramatic (dress up Area). Add different clothes, hats, wigs and shoes and let the children pay dress-up and look at their reflection in the mirrors.

### **Play Dough Center:**

Draw a head with no ears, hair and face features and laminate. Let the children use playdough to add the ears, hair nose, mouth and eyes to the mat.

### **Block Center:**

Can label the blocks with the child's letters in their names (older children try their last names).

### **Science Center:**

Trace each child's hand on card stock paper and cut it out. Write their name on the back of the hand. Provide an ink pad and let the children make fingerprints on their hand cut out. Add a magnifying glass to the center for the children to observe their fingerprints, and how each finger is different. Compare to their friends hands, everyone's fingers are different, no 2 are the same.

### **Name Spelling Cards:**

Using a black marker, write the children's names on index cards. Write each letter of each child's name on a clothespin, put them all in a bag and label the bag with the child's name. Let each child find their name card. Let the children practice spelling their names clipping the clothespins on their card. Have them switch their card with a friend, and have them practice writing their friends names.

Life-Size

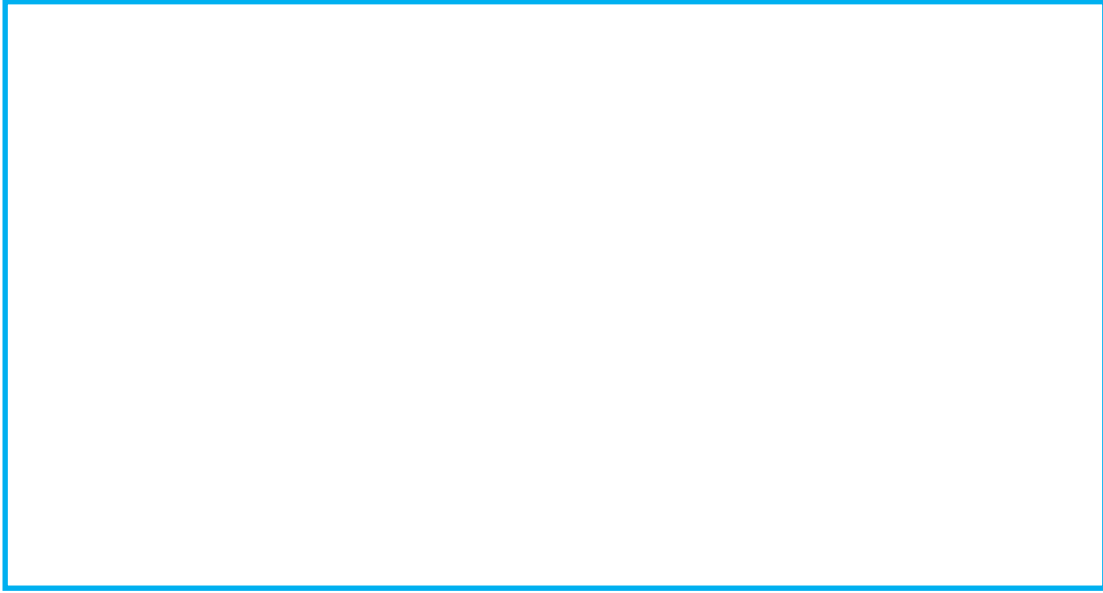
What yo  
Butcher  
Washabl  
Crayons  
Scissors  
Glue  
Yarn

Fabric an  
Buttons

What yo  
Trace ea  
decorate  
around th

My Nam  
Create a  
names to

# ALL ABOUT ME



1. My name is \_\_\_\_\_ I am a girl/boy
2. I am \_\_\_\_\_ years old. My birthday  
is: \_\_\_\_\_
3. There are \_\_\_\_\_ people in my family, I have \_\_\_\_\_ brothers & \_\_\_\_\_  
sisters.
4. One of my pets is a \_\_\_\_\_, and name is: \_\_\_\_\_ another pet is a  
\_\_\_\_\_, and name is: \_\_\_\_\_ .
5. My favorite color is : \_\_\_\_\_ My favorite food is:  
\_\_\_\_\_
6. My favorite animal is \_\_\_\_\_ My favorite toy is:  
\_\_\_\_\_ -
7. My favorite thing to do during “preschool is”  
\_\_\_\_\_
8. When I grow up I want to be a \_\_\_\_\_
9. My biggest is to: \_\_\_\_\_
10. I would like to learn to play a: \_\_\_\_\_  
(Instrument)



### My Special Face:

When I look in a mirror, I see my face.

And all of its parts are in their place.

I see two little ears and one little nose.

I see two little eyes and one little mouth.

When I look in the mirror, what do I see?

A wonderful and special person looking back at me.

**Tip:** There is mirror paper with a peel off sticky back that you can get at Lakeshore Learning. Or use foil as shown in the picture. For the “frame” of the mirror, use card stock or poster board. Have the kids decorate the frame, and then add a jumbo popsicle stick to the back.

### I'm Special:

Read the book I like me! Have the children share the things they like about themselves. Recite the poem below:

### I'm Glad I'm Me

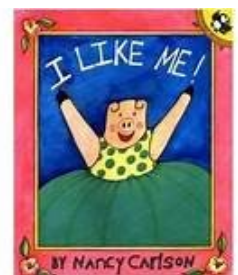
No one looks the way I do, I have noticed that is true!

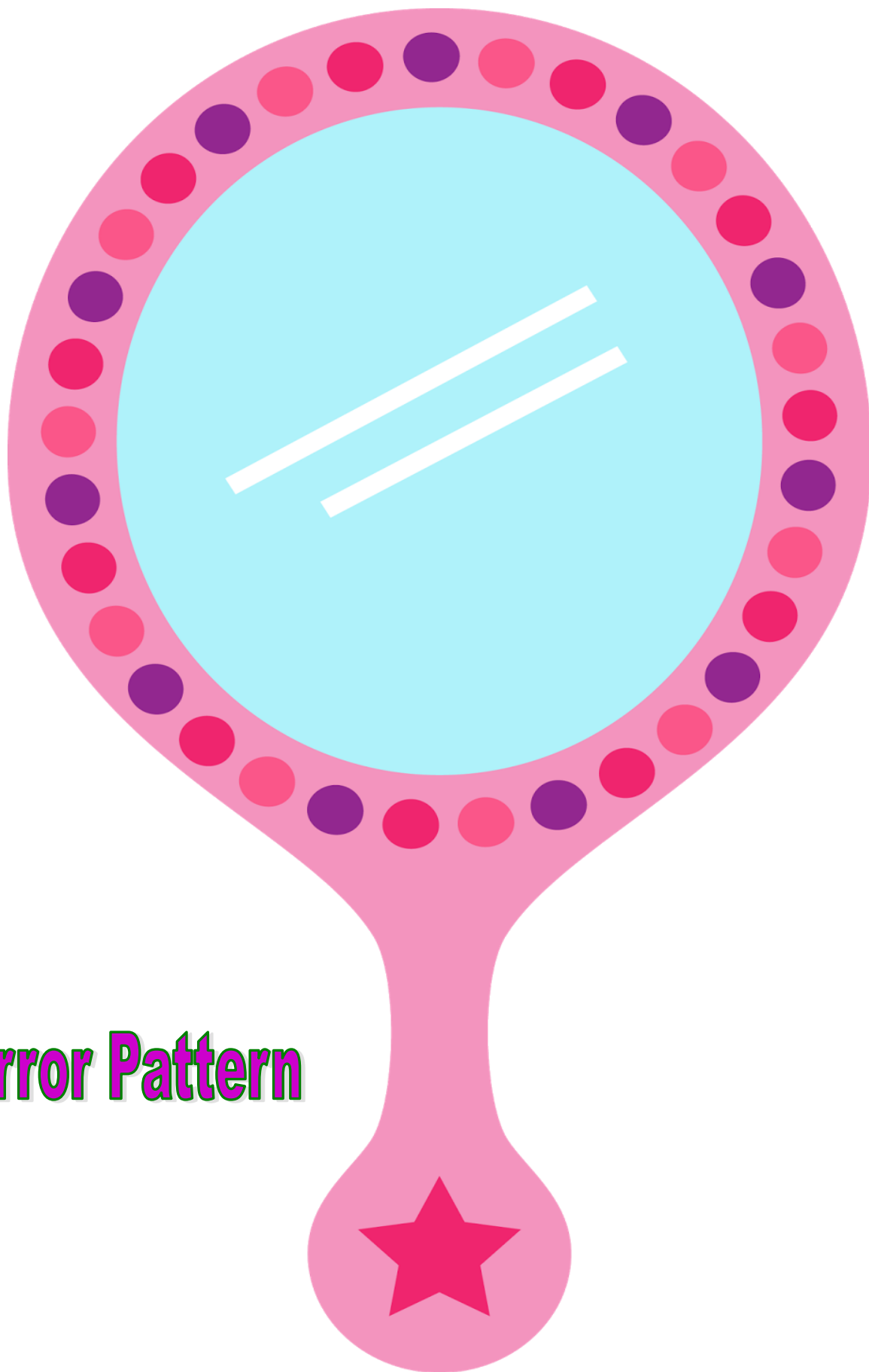
No one walks the way I walk, No one talks the way I talk.

No one plays the way I play, No one says the things I say.

I am special! I am ME! There's no one else I'd rather be!

## Circle Time Idea:





**Mirror Pattern**





Write the children's name on a piece of white paper, using a WHITE crayon. Have them paint over their names using water color paints to reveal their names.



#### Building Names Using Duplo Blocks:

Tape the letters of the children's names, on a side of a Duplo Block and have the kids build their names, or maybe their friends names.

#### Here Are My Fingers:

Here are my fingers and here is my nose.

Here are my ears and here are my toes.

Here are my eyes that open wide.

Here is my mouth with my white teeth inside.

Here is my pink tongue that helps me speak.

Here are my shoulders and here is my cheek.

Here are my hands that help me play.

Here are my feet that go walking each day.





**Pre- cut simple shapes, and have the kids put them together to make a picture of themselves. Older kids draw shapes on white paper, have them color the shapes, then they can cut their own shapes out and make a picture of themselves.**

### **Other ideas to teach writing name:**

1. Write each child's name on card stock or poster board. Have the kids use Fruit loops, Cheerios, etc. cereal and glue the cereal onto their names.
2. Using felt, cut out apple shapes., and write each child's name out using the apples. Cut slits along the 2 sides of each letter. Using a ribbon (brown/green) to resemble a worm. Sew a button on each end of the ribbon, and have the children thread their apple names on the ribbon making sure the ribbon goes **BEHIND** each letter so the kids can see the letters.



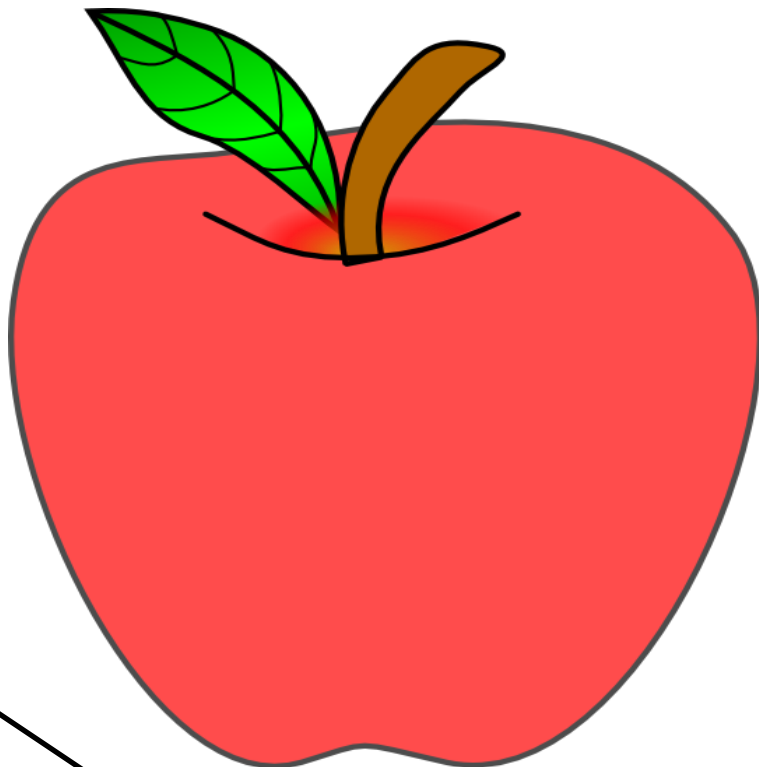
### **NAMES:**

**Everybody—Has a name—Some are different—Some the same.**

**Some are short—Some are long—All are right—None are wrong.**

**I like my Name—It's special to me—It's exactly who—I want to be!**

NAME LACING



DRESS/TOP PATTERN

HAIR BOWS/ BOW TIE

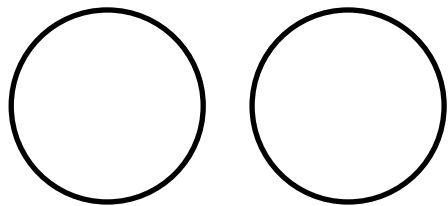


**shirt pattern**

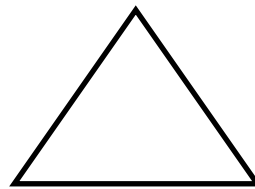
**sleeve**

**hair patterns**

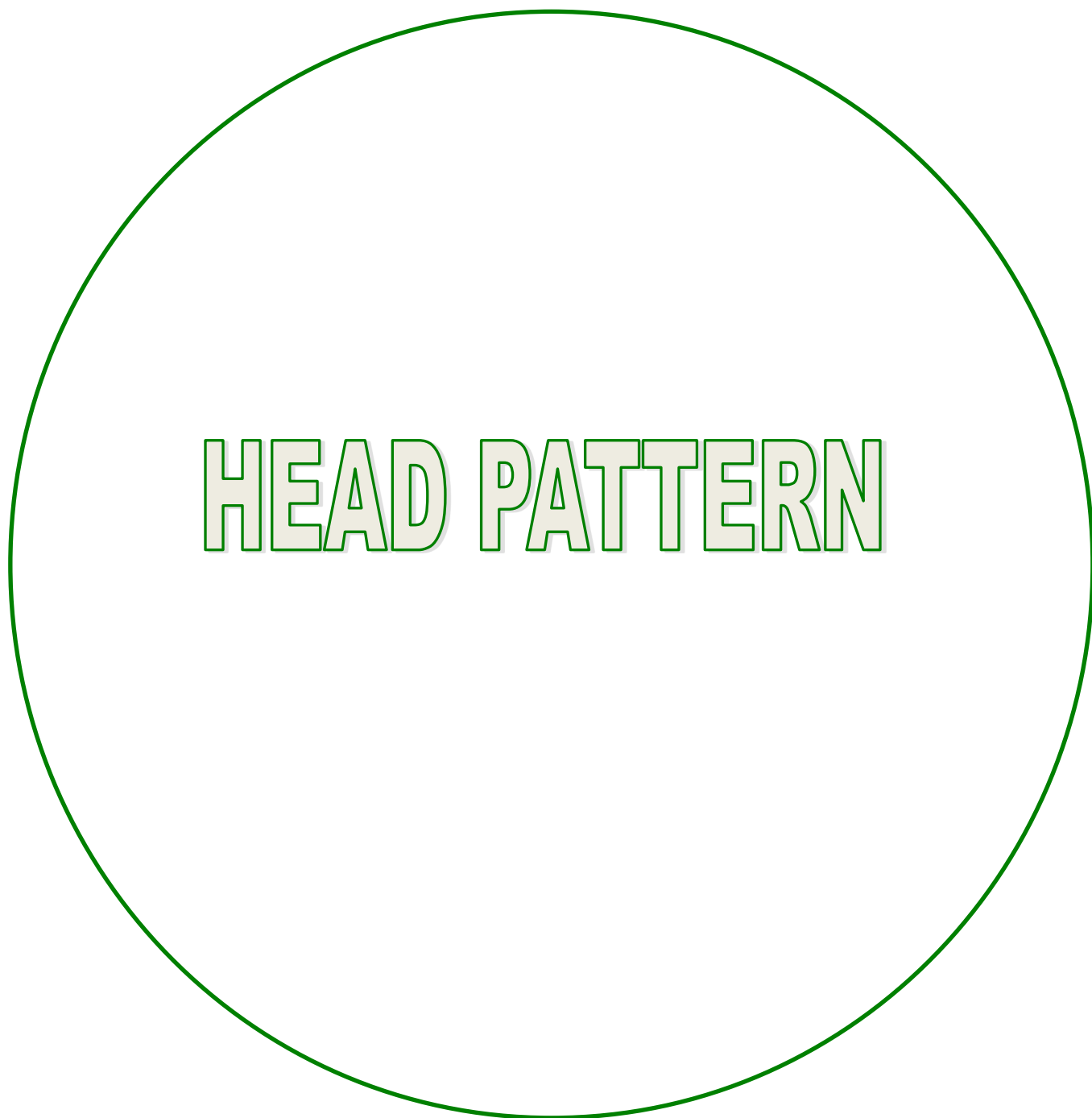
EYE PATTERNS



NOSE PATTERN

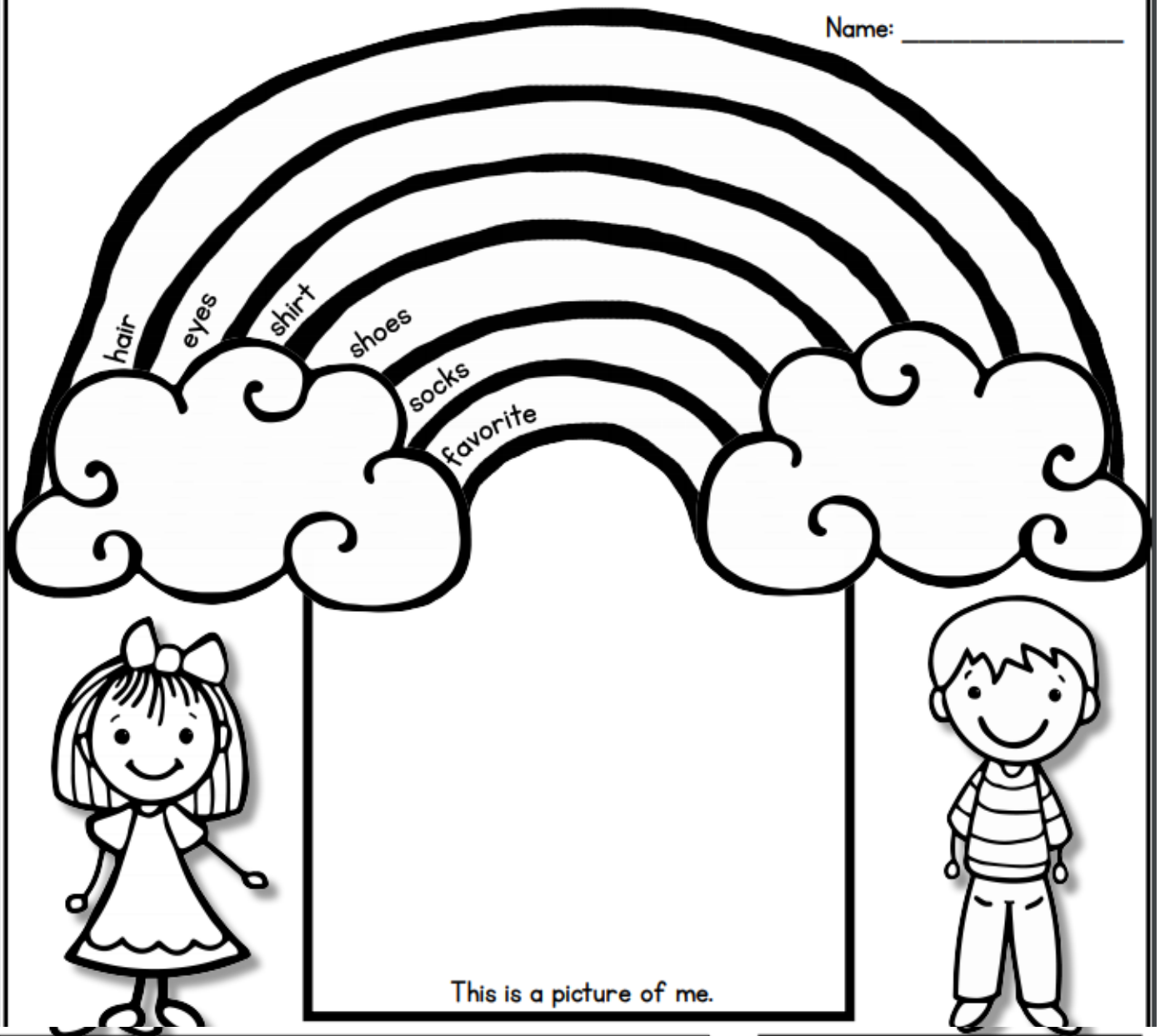


HEAD PATTERN



# I AM A RAINBOW

Name: \_\_\_\_\_



My hair is \_\_\_\_\_.

My eyes are \_\_\_\_\_.

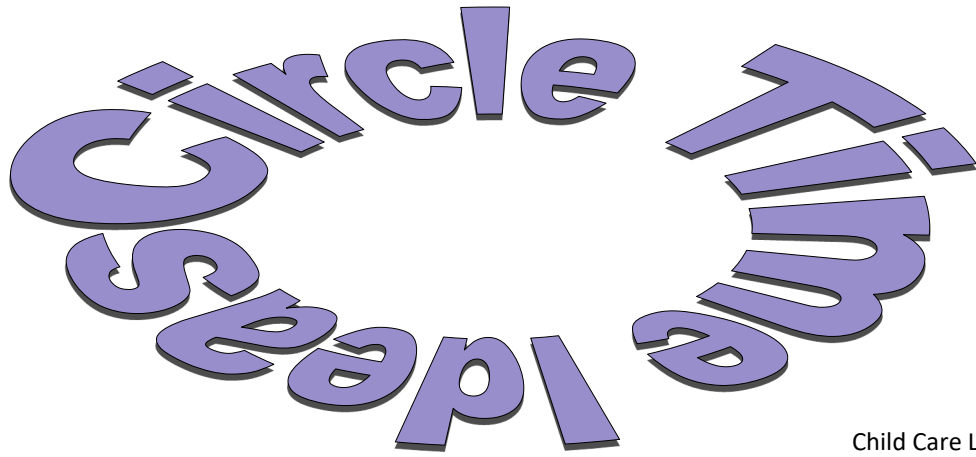
My shirt is \_\_\_\_\_.

My shoes are \_\_\_\_\_.

My favorite color is \_\_\_\_\_.

## COLORS

red	purple
blue	brown
yellow	white
green	pink
orange	gray
purple	black



Child Care Lounge

## Circle Time Activities and Ideas for Preschoolers

Almost all early childhood child care and preschool programs have at least one **circle time** in their daily schedule. Your circle time should reflect the needs and interests of the children in your care. Take a look at the **circle time ideas** presented below for inspiration.

### **Most circle times have some common activities:**

- Songs
- Calendar
- Weather
- Stories
- Other Language or Literacy Activities

Make sure you have a defined space that you use each day for circle time. Give each preschooler a specific spot to sit with enough space that they do not have to touch one another. Carpet squares work well for this.

## CHECK OUT THE ONLINE CLASS GATHER 'ROUND FOR CIRCLE TIME!

Follow the same basic schedule each day for circle time. That way the children know what to expect as well as what is expected of them. This does not mean that you cannot vary activities; it just means that you are creating a routine for the **preschoolers** will follow. Choose activities that work for your class. Each group will be different, so you may have to adapt. Some children love singing songs while others would much rather listen to a story.

## Preschool Circle Time - Sample Schedule

1. Hello Song
2. Calendar
3. Weather
4. Story
5. Game or Activity
6. Song

1,2 You know what to do.

3,4 Sit on the floor.

5,6 Your feet you fix.

7,8 Sit up straight.

9,10 Let's listen again.

My hands upon my head I place,  
Upon my shoulders and on my face.  
At my waist and by my side,  
And then behind me my hands will hide.  
And then I'll raise them way up high,  
And let my fingers fly, fly, fly.  
With a clap, clap, clap, And a one, two, three,  
Let's see how quiet we can be! shhhhh

Days of the Week (tune of the Adam's Family):

Days of the week (clap, clap)

Days of the week (clap, clap)

Days of the week, Day of the week,

Days of the week (Clap, Clap)

There's Sunday and there's Monday

there's Tuesday and there's Wednesday

There's Thursday and there's Friday—And then comes Saturday!



### **Movement Ideas for Preschoolers During Circle Time:**

If your class is having difficulty sitting still, try adding activities that include movement. Place these activities before something that you want them to be able to sit still and focus on. For example, have the children stretch or do morning exercises before story time.

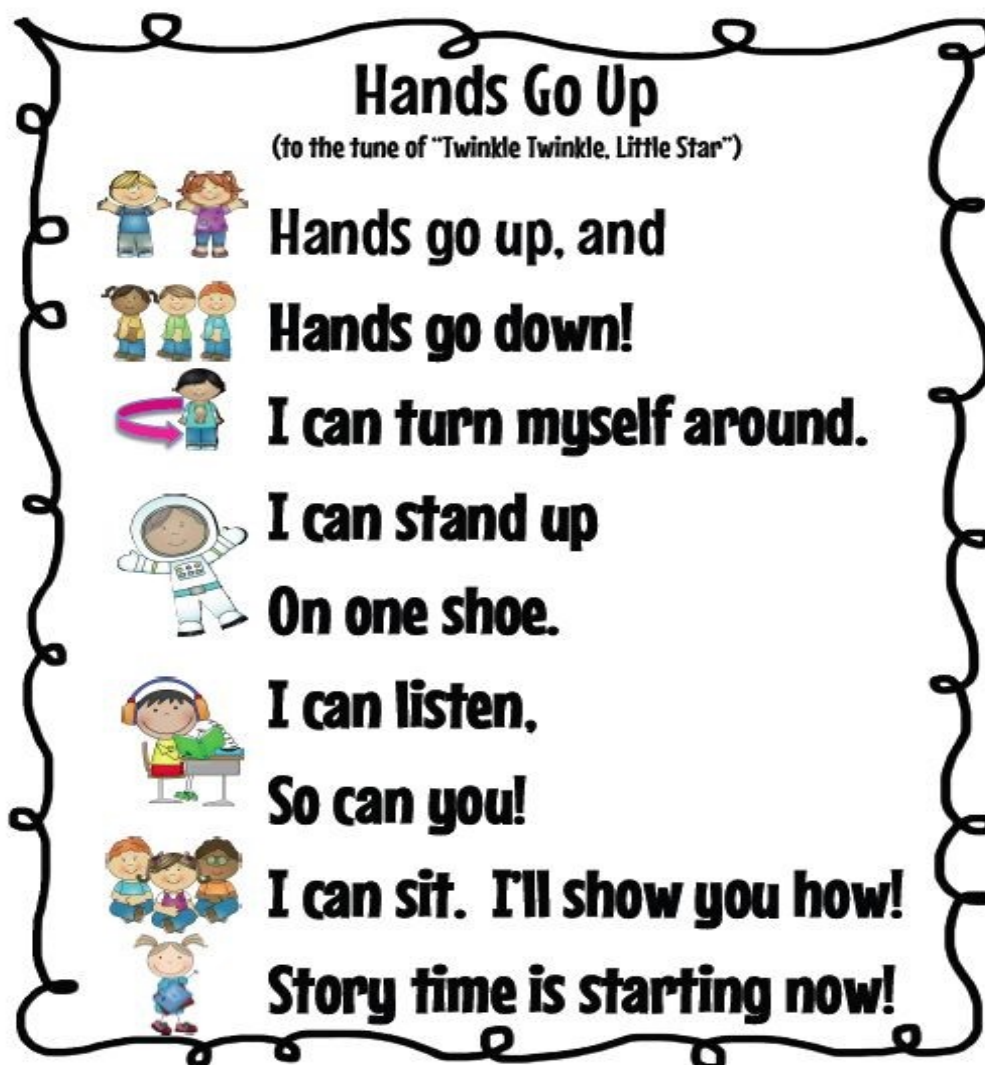
### **Here are some other circle time ideas for including movement:**

- Sing songs or use rhymes that have hand motions or movements.
- Have children clap their hands or jump out a specified number rather than having them simply respond to a flashcard.

Instead of having children shout out a color they see on a flashcard, have the children **take turns** finding something that is the correct color around your classroom to show their friends.

### **Circle Time Activities - Stories—13 Tips for Reading to a Group**

1. Be sure all children can see and hear the story.
2. Choose a story that will appeal to your audience and suit the children's attention span.
3. Choose a book with bright and large illustrations.
4. Provide an alternate activity for those who lose interest.
5. Choose books that invite participation through repeated verses or rhymes.
6. Start by grabbing their attention with "magic story dust" or a calming fingerplay.
7. Ask questions to set the stage for listening. For example, "What do you think will happen to 'Miffy mouse?'"
8. Substitute the children's names for character names to add interest.
9. Be flexible. Skip or alter parts of a book as the needs of your young listeners dictate.
10. Use props to bring a story alive.
11. Try a new introduction or attention grabber before starting a story.
12. Pick a book the children are familiar with. Add their names or make silly mistakes to get their attention



[Thebookfairy-goddess.blog](http://Thebookfairy-goddess.blog)



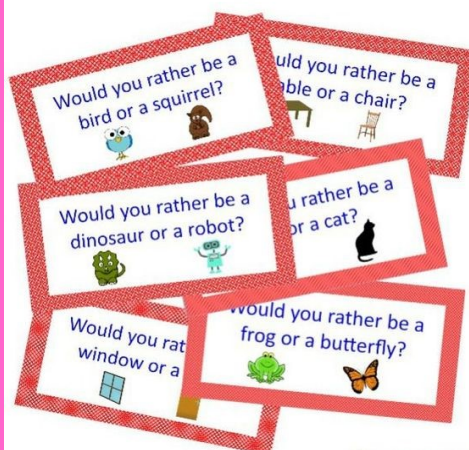
<http://inspirationlaboratories.com>



[Teacherspayteachers.com](http://Teacherspayteachers.com)



**Dr. Seuss Inspired**  
**Would You Rather**  
**Game for Kids**




IDEA CARDS ON PAGE 20

IDEAS USING SHAPES PG 18 & 19



**WHAT DID YOU SMILE  
ABOUT TODAY?**



**WHAT WAS  
SOMETHING THAT  
DISAPPOINTED YOU  
TODAY?**



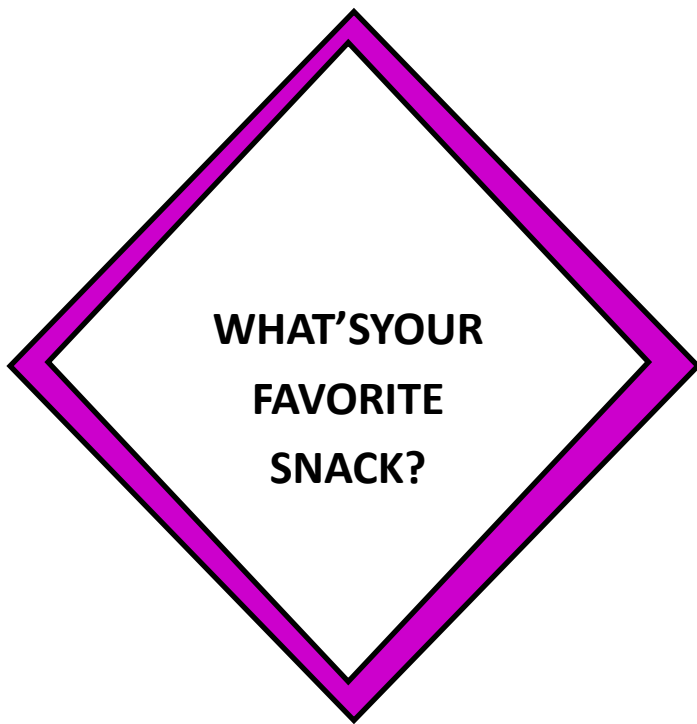
**WHAT WERE YOU SAD  
ABOUT TODAY?**



**WHAT WAS  
YOUR FAVORITE  
THING THAT  
YOU DID TO-  
DAY**



**WHAT'S YOUR  
FAVORITE  
LUNCH?**



**WHAT'S YOUR  
FAVORITE  
SNACK?**



**ASK ME A  
QUESTION**



**WHAT IS SOMETHING  
SOMEONE CAN DO TO  
MAKE YOU MAD!?**



**WHAT IS YOUR  
FAVORITE THING  
TO DO  
OUTSIDE?**

## WHAT WOULD YOU RATHER GAME???

**Would you rather be a dog or  
a cat? Why?**

**Would you rather be a table  
or a chair? Why?**

**Would you rather be a  
dinosaur or a robot? Why?**

**Would you rather be a bug, or  
a butterfly? Why?**

**What do you want to be when  
you grow up? Why?**

**Would you rather be a house  
or a car? Why?**

**Would you rather do  
preschool or take a nap?  
Why?**

**What is your favorite kind of  
weather? Why?**

**What is your favorite color?  
Why?**

**What do you want to do right  
now? Why?**





PRE-K PAGES.COM



**SONG CUBE**



B IS FOR.....

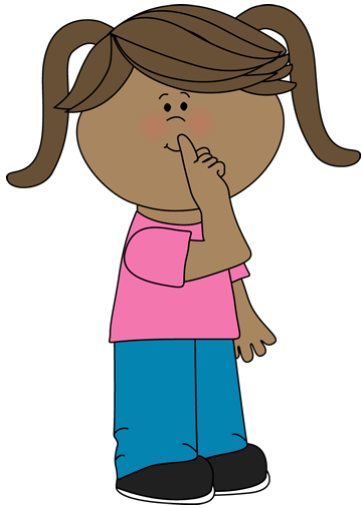
**DIFFERENT LETTER  
A DAY/WEEK**



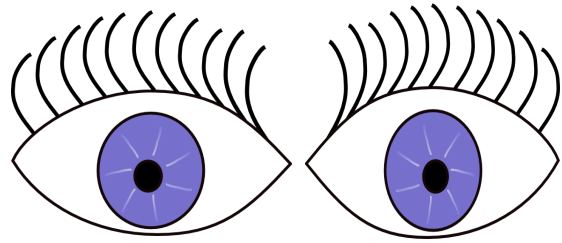
[Teacherspayteachers.com](http://Teacherspayteachers.com)

**CARDS TO USE ON NEXT PAGE (22)**

**QUIET VOICES**



**LOOK/WATCH**



**RAISE YOUR HAND**



**LEARNING**

**A B C**

**1 2 3**

**LISTEN**



**KEEP YOUR HANDS TO YOURSELF**





## Colour Hunt Spinner



**COLOR HUNT GAME.** MAKE THE CHART BELOW, OR COPY ONTO CARDSTOCK AND ADD A SPINNER. HAVE THE CHILDREN TAKE TURNS SPINNING FOR A COLOR, THEN THEY EACH NEED TO SEARCH FOR SOMETHING THAT COLOR IN THE

[Craftulate.com](http://craftulate.com)





**POOL NOODLE GAME:** Buy a noodle or 2 if you want to use the pattern effect at the \$1.00 store, cut up evenly and write ABC'S/123's on each piece and have the children stack the pieces in the correct order.

[Acraftyliving.com](http://Acraftyliving.com)

## Hello Neighbor

Chant

Hello neighbor (wave)

What do you say? (shake hands)

It's going to be a beautiful day!

(make circle with both hands in front of you)

So clap your hands

And stomp your feet,

Jump up and down

And have a seat!



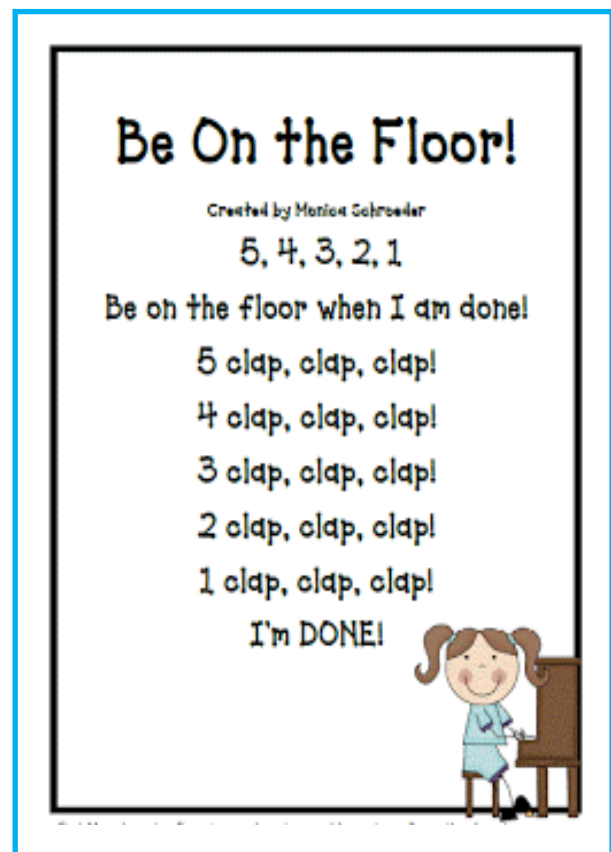
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Clip art from Goodness & Fun

[Teachingmama.org](http://Teachingmama.org)



[AMERRYMOM.COM](http://AMERRYMOM.COM)

[http://  
www.classroomfreebiestoo.com](http://www.classroomfreebiestoo.com)



## What will you eat for Thanksgiving?

Rayna: rice!

Evan: Chicken

Patrick: Candy!

Caleb:

Samuel: Turkey

Tyler: Bananas!

Cody: Candy and red grapes

Vincent: Green and red grapes

Daniel: Apples and pasta

Riley:

Annabel: Turkey

Jack S: Popsicles and fruit snacks

Wesley: Fruit loops & pizza

MacIntyre: Apple

Brett: Pizza

Jackson: Pizza



## SPRING YOGA

\*10 easy yoga poses for kids\*

1. Say hello to  
the sun.



2. Pretend to be  
a tree.



3. Pretend to be a  
flying bird.



4. Pretend to be  
the falling rain.



5. Pretend to be  
planting seeds.



KIDS YOGA  
STORIES



## JANUARY

I'm a little snowman make me pose.  
Add two button eyes and a carrot nose.  
Don't forget my stick arms  
and my hat.  
Now we're finished and that is that!



## FEBRUARY

I'm a little lovebug pink and round.  
Flying all around is where I'm found.  
Spreading lots of love here and there.  
Can you share your love everywhere?



## MARCH

I'm a little shamrock in a field.  
When you pick me up your fate is sealed.  
I will bring you luck.  
So, don't wait!  
Find a green leaved clover and don't be too late!



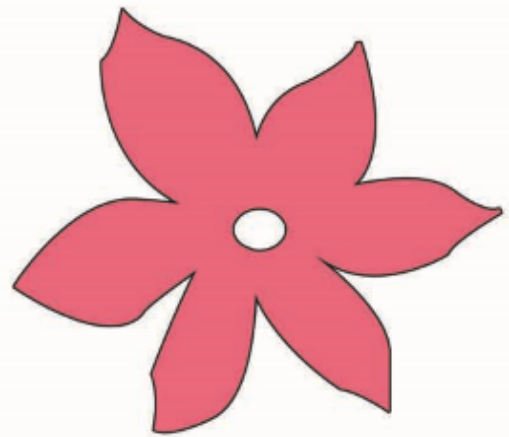
## APRIL

I'm a little raindrop hear me splat.  
On top of an umbrella is where I'm at.  
Falling from the sky, split, splat, splot.  
Better watch out you're gonna get wet!



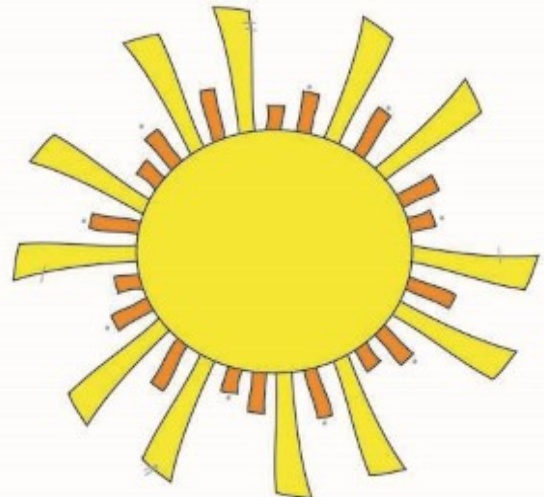
## MAY

I'm a tiny flower pretty and pink.  
Spell me with your nose, no I don't stink!  
I need sun and water, watch me grow.  
Put me in a vase just for show!



## JUNE

I'm a little sunshine bright and round.  
High in the sky is where I'm found.  
I light up your day and I am hot!  
Making summer fun, ready or not!





## JULY

I'm a little firecracker big and bold.  
Under a tent is where I'm sold.  
I go high up in the sky, what a show!  
I'm proud to be American, don't you know!



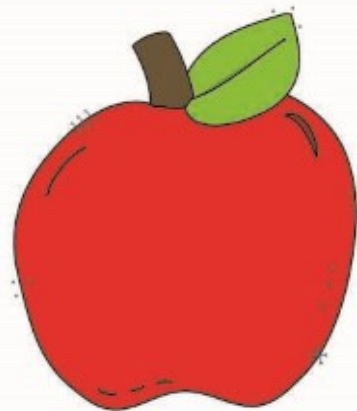
## AUGUST

I'm a little schoolbus on the go.  
Picking up students to and fro.  
I'm yellow and I'm fun, don't you know.  
I'll get you to school, just like so.



## SEPTEMBER

I'm a little apple red and round.  
High up in the tree is where I'm found.  
When I'm ripe and ready, come pick me.  
An apple orchard is where I'll be.



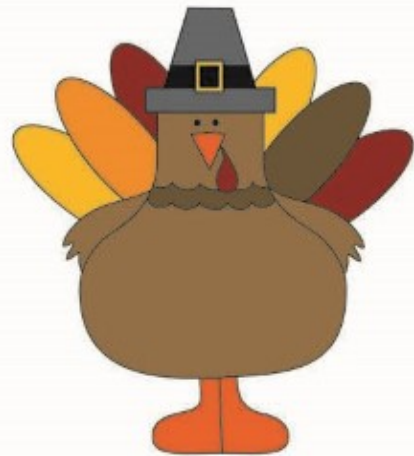
## OCTOBER

I'm a little pumpkin fat and round.  
Not long ago I lived on the ground.  
Now I'm getting cut up, what a fright!  
Light me up.  
It's Halloween night!



## NOVEMBER

I'm a little turkey fat and brown.  
Hear me gobble gobble all around.  
When Thanksgiving Day comes,  
Hear me shout:  
All the turkey's better get OUT!



## DECEMBER

I'm a gingerbread man made from dough.  
Roll me out and in the oven I go.  
Buzz buzz goes the timer, hear me shout:  
I'm golden brown and I want OUT!



