Douglas County Child Care Association Newsletter January - March 2020 Issue





DCCCA

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President's Letter

2020

New Year that is.... not the tv show!

Dear Colleagues,

Happy New Year for 2020 and greetings to you! May all our past successes, trials, tribulations and failures lay way for new ideas, directions, goals and accomplishments! Thank you for being a part of our professional organization. Please consider lending some volunteer hours our way in the year ahead. Perhaps in website development, newsletter assistant, education committee, state representative, or other areas of your interest. The more the merrier!

Future goals of your DCCCA board are always evolving and we are only limited by our time constraints. On the forever growing list, we have the regular operations of expanding our website as a resource, updating the bylaws/files and standard operating procedures, filling volunteer positions, increasing membership, networking/planning for quality educational classes, all the while keeping up with day to day operations.

On a new front, Vickie Scholl and I have decided to form close professional ties with our Colorado Association of Family Child Care to remain on the forefront of issues statewide. With that, we have committed to serve on CAFCC committees for finance and legislation. This requires we regularly attend state meetings and participate in committee work. This will benefit our local association with first hand knowledge and representation.

The Colorado Association of Family Child Care is a non-profit organization dedicated to the support and education of licensed family child care providers in the state of Colorado. We are an affiliate under this state organization.

Our work is intense, important, meaningful, joyful, detailed, difficult, sobering, fun, and ever evolving. Our service directly impacts young children, families, communities and the economy. With that, the CAFCC is focused for 2020 on implementing their new vision and establishing a stronger legislative presence with the assistance of a lobbyist and formed committees. When requested, your input is valuable and needed. You may be asked to become more active on a grass roots level as well. Vickie and I are dedicated to keeping you well informed and represented.

The Colorado state legislature convened January 8, 2020. Governor Polis' "Colorado State of the State" address was January 9th and I encourage you to view that. Universal pre-k, public health insurance options, tax relief, retirement savings, workforce development, HOA/IBC codes, paid family and medical care, to name a few, can impact our small business in some way. The Denver Post is a good resource for legislative directions and actions. Your Colorado Association of Family Child Care and Douglas County Child Care Association are committed to having our voices heard on both the local and state level.

Ever respectful regards, Angela Rosales

Never Look Back

You can rise up from anything.

You can completely recreate yourself.

Nothing is permanent.

You're not stuck.

You have choices.

You can think new thoughts.

You can learn something new.

You can create new habits.

All that matters is that you decide today

and never look back.

In the Spotlight



Joanne Payne, Parker/Elizabeth Referral Agent

In 2001 I left my corporate career in Computer Information Systems to stay home with our youngest daughter and opened my licensed childcare. I believed I would return to my previous profession once our daughter was in school but found that I fell in love with providing childcare.

It's difficult to capture all the gifts of childcare. I have had the blessing of continued relationships beyond childcare years with families, seen children graduate high school and become wonderful humans. The magical moments within a multi-age environment are numerous. Witnessing developmental milestones, continuous interactions of caring, the expression of empathy and love between children have all cap-





tured my heart. I couldn't ask for better company. When watching the wind move the trees one day a child commented, "Look the trees...they are waving at us." I haven't looked at moving trees the same since.

We have visiting mountain scrubs to whom we feed peanuts. One of the girls said, "Look it's

the blue chicken!!". You can't make this stuff up (was able to find a book titled The Blue Chicken about an adventurous chicken who painted himself and his friends). Children are perfect examples of what we need more of in today's world.

Now for the difficulties. Faucet noses, decibel level 130 (live rock band), 4th+ request for Health Status and Immunization forms, Nora virus , the ever-present inflexibility in personal schedule, seemingly unengaged parents who are overstressed by work and life pressures while trying to raise a family, can all take its toll on a provider.

My husband and I moved to Parker in 1996. Our first daughter was born in 1998 and is pursuing Chemistry at UNC. Our second daughter is a high school senior and looking at what her next steps are. We try and sync our schedules for an annual family camping/hiking trip which is how we've spent our summers since they were toddlers. Last summer I fell in love with paddle-boarding, and try to keep a level of health and wellness. We sure live in a perfect state to aspire to that goal. Thanks for letting me share! Joanne

September 18, 2019
Breastfeeding Support in Childcare Training Class
Thank you to all who attended.



Caitlin Chapman, BSN, RN, CLC Breastfeeding Policy Specialist Tri-County Health Dept.



Treasury Report October-December 2019

		Balance Forward	\$6,928.73
Income:	Membership	\$100.00	
	CAFCC Membership	\$30.00	
	Total Income	\$130.00	
Expenses:	Telephone	\$159.35	
	Website Maintenance	\$118.00	
	Seminar Raffle	\$53.18	
	Class Expense	\$12.34	
	CAFCC Membership Dues	\$30.00	
	Total Expenses	\$360.53	
Ending Balance:			\$6,698.20
Respectfully Submitted, Susan Taboada DCCCA/Treasurer/Membership			

October-December 2019 Referrals

Castle Rock		Highlands Ranch		Parker	
Under 2	14	Under 2	23	Under 2	15
Full Time:	12	Full Time:	16	Full Time:	11
Part Time:	2	Part Time:	7	Part Time:	4
Over 2	11	Over 2	6	Over 2	6
Full Time:	8	Full Time:	5	Full Time:	5
Part Time:	3	Part Time:	1	Part Time:	1
School Age		School Age		School Age	
ССАР		ССАР		ССАР	
Total	25	Total	29	Total	21
DCCCA WEBSITE	4	DCCCA WEBSITE	7	DCCCA WEBSITE	
PROVIDER/FRIEND	3	PROVIDER/FRIEND		PROVIDER/FRIEND	1
OTHER:		OTHER:		OTHER:	

President	Angela Rosales	303-766-9241	amagr8rose@q.com
Vice President	Vickie Scholl	303-707-0812	gtscholl@hotmail.com
Secretary	OPEN		
Treasurer	Susan Taboada	303-841-5899	susantboada@comcast.net
Membership			
	Referrals	Volunteers	
Castle Rock	Sabrina Fulks	303-814-2103	<u>sabricus-</u>
Highlands Ranch			highlandsrancherefer-
Lone Tree Acres Green	Cathleen Zeiler	303-791-3386	<u>ral@gmail.com</u>
Centennial			
Parker/Elizabeth	Joanne Payne	303-805-0824	tjsspayne@msn.com
Election Coordinator	Cathleen Zeiler	303-791-3386	
Continuing Education	OPEN		
Continuing Education Committee	OPEN		
State Representative	OPEN		
State Representative	OPEN		
Craigslist	Molly Williams	720-488-6405	
Hospitality	Maria Ciurczak	303-470-8909	
	Violy Lindner	720-344-4505	
	Rita Predmore	303-690-0610	
Newsletter Editor	Vickie Scholl		
Douglas County Zoning	OPEN		
Employer Identification	EIN#	1-800-829-4933	http://www.irs.gov/businesses/ smallbusinessesself-employed/

Castle Rock: 80104, 80108, 80109	Heather Sporrer	303-866-5958 heather.sporrer@state.co.us
Highlands Ranch: 80129,80130	Jodie Gillespie	720-415-6141
	Lead Licensing Specialist	Jodi.gillespie@state.co.us
Highlands Ranch: 80124, 80125,	Amanda Schoniger	303-866-4453
80126		<u>aman-</u>
		da.schoniger@state.co.us
Parker: 80134, 80138	Nicole Hubbell	303-866-5958
		Nicole. Hubbell@state.co.us
Centennial: 80122	Cammile Espinosa	303-403-2677
		Cammile.@IREEInc.com
Colorado Department of Hu-	303-866-5958	Coloradoofficeofearlychild-
man Services		hood.force.com
24 Hour Child Protective Line	303-271-4131	
Immunization Line	303-237-7178	
Rocky Mountain Poison Control	303-222-1222	
NAFCC (National Association for Family Child Care	800-359-3817	
Child Find for Douglas County	720-433-0020	
	Food Programs	
Kids Nutrition Company	303-987-4851	
Southwest Food Program	719-573-2246	
Wildwood Food Program	303-730-0460	

Child Care Insurance Options

720-519-0291	dawna@cowest.com
303-893-5770	
800-433-8108 x2028	acainc.org/partners.html
303-833-5588	
855-818-5437	<u>Assurechildcare.com</u>
303-799-0110	travelers.com
800-844-8288 x108	
800-819-9992	
303-656-6912	
800-414-1066	scdefender.com
800-624-0912	dcins.com/contactus.html
303-970-0315	
888-515-8537	
888-845-8288	neisinc.com
303-790-4333	
	800-433-8108 x2028 303-833-5588 855-818-5437 303-799-0110 800-844-8288 x108 800-819-9992 303-656-6912 800-414-1066 800-624-0912 303-970-0315 888-515-8537

A Note From The Department of Human Services

Colorado Office of Early Childhood Division of Early Care and Learning

Amanda Schoniger Lead Licensing Specialist

Please see Updated Substitute Information send From the Office of Early Childhood

Substitutes for Family Child Care Homes

There are 3 types of substitutes and the requirements for each are covered in rules 7.707.33, 7.707.331, 7.707.34, and 7.707.36.

7.707.21 Definitions

"Emergency or urgent situation" means a personal or family situation that is critical in nature, which requires the provider to take immediate action; and leave the home to handle the emergency situation.

"Employee" means paid or unpaid individual that cares for or assists with the care of children.

"Equally qualified" means that the employee or substitute provider has the same required training and qualifications as the primary provider as specified in the Rules Regulating Family Child Care Homes.

"Substitute provider" means a paid, volunteer or contract individual responsible for caring for the children in the capacity of the provider during the provider's absence.

All substitutes must be at least 18 years of age, capable of providing care and supervision, and capable of handling emergencies. [Regulation 7.707.331 B]

Infant/Toddler Family Child Care Home

The substitute for the provider(s) must meet the same age requirements as the provider as specified in Section 7.707.31 B. The substitute must be at least 21 years of age.

Large Family Child Care Home

Substitute primary providers must be equally qualified, as specified in Section 7.707.31C, to provide care and supervision of children in the absence of the primary provider. Substitute staff aides must be equally qualified as staff aides, as specified in Section 7.707.31A2.

Parents or guardians must be notified each time a substitute is used. [Regulation 7.707.331D]

Providers, substitutes, and employees must allow an investigation or inspection by the Colorado Department of Human Services or authorized representatives of the Department at any reasonable time for the purpose

I. Urgent/Emergency Substitute

Requirements

Must be given the names and ages of children and any special needs or health concerns.

The substitute will immediately call each parent or guardian to notify them that the provider had to leave for an emergency.

If the substitute does not meet all the requirements for the position, as listed below, they must notify parents to come and pick up their children immediately. [Regulation 7.707.331E]

II. Substitute Working Less Than 14 Days (112 hours) Per Year

Requirements

Fingerprint based background check on the provider's license number [Regulation 7.701.33 D & 7.707.34 A1]

Background Inquiry check for child abuse and neglect [Regulations 7.701.32 D1a &7.707.34 A2]

Recognition & Reporting of Child Abuse/Neglect (Mandatory Reporter) [Regulation 7.707.32 A11]

Disaster Preparedness & Emergency Response (FEMA) [Regulation 7.701.100 A]

Building & Premises Safety training (specific to your program) [Regulation 7.707.32 A8]

Preventing Shaken Baby Syndrome and Abusive Head Trauma [Regulation 7.707.32 A10]

Prevention of SIDS/Safe Sleep (if licensed for infants) [Regulation 7.707.75 G]

Standard Precautions Training [Regulation 7.707.32 A4]

** Recommended CPR/First Aid Module if no CPR/First Aid training or it is expired.

Prior to caring for children, the substitute shall become familiar with:

The family child care home rules

The provider's policies and procedures

The names, ages, and any special needs or health concerns of the children

The location of emergency information [Regulation 7.707.331C]

A personnel file for each substitute must be maintained and available for review, and must contain the following information within 30 days following the first day they function as a substitute: [Regulations 7.707.36A; 7.707.36B]

Name, address, telephone number, and birth date of the individual

A record of the dates and hours they function as a substitute, including the first date and final date

Emergency contact names, addresses and telephone numbers for the individual

A signed statement defining child abuse and mandated reporter responsibilities (Your licensing specialist can provide a copy of this.)

A signed statement verifying that the substitute has read and understands the home's policies and procedures

Signed perjury statement [Regulation 7.701.8]

III. Substitute Working 14 Days (112 hours) Or More Per Year

Requirements A substitute working in the home for 14 days or more per calendar year must meet the requirements for II above and in addition must complete:

First Aid and CPR training [Regulation 7.707.B. 7]

Current Health Evaluation

Medication Administration training [Regulation 7.707.B. 7]

15 hours or more of approved training (including at least 3 hours in Social Emotional). [Regulation 7.707.36B7] (see FCCH Admin Guide)

The personnel file must contain verification of the above listed requirements and official written verification of education, work experience, and previous employment, as applicable for the position; and, if obtained, a copy of a current Colorado Early Childhood Professional Credential. [Regulation 7.707.36A; Regulation 7.707.36B]

Mixed Age Group Benefits

Special Opportunities

Family child care home settings provide

opportunities for several different age groups to be cared for at the same time. Most experts agree there are many benefits to this type of child care. Educator Lillian Katz in The Case for Mixed-Age Grouping in Early Education (NAEYC) 1993, feels that in these "family units" younger members observe, emulate and imitate a wide range of skills. Most younger children are not equally

mature in all areas of development. Older children can offer leadership, tutoring experiences and may assume some of the responsibility for less mature and knowledgeable members. She also feels there are greater opportunities for children to develop friendships with others who match, compliment or supplement their own needs and styles.

Children need a sense of community that includes people of all ages, interests and skills. This

support enables them to grow into healthy, socially-skilled adults. They can learn empathy, patience and they develop a healthy self-esteem while helping others.

On the business side, caring for several children from different age groups at the same time

is a good way to help providers maintain full enrollment. In addition, many families looking for child care for school-age children want to keep all their children together.

Meeting the Challenges

Providing child care for children from several age groups can be a great challenge – especially to a new provider. For instance, what do you do when two babies are crying at once? What if a toddler wants to get into the game the "big kids" are playing? Or how do you respond if the "big kids" want to kick a ball where the preschoolers are playing? Through trial and error child care providers have come up with great suggestions. Most providers emphasize planning and organization. They feel that having a routine and planning how the day should be organized are critical factors for success.

Organizing for Care

- 1. Don't jump into taking the maximum capacity of children you are licensed for right away start slowly. 2. Put the babies together with supervision. They are fascinated with each other's faces and behavior.
- 3. Look for a family that fits into the current group. Consider your own philosophy and compare it with their views on child -rearing.
- 4. Have a two-week trial period to look at the children's ages and temperament to see whether they all get along together
- 5. Educate yourself about child development. Learn what is developmentally appropriate, what kinds of behaviors are typical at certain ages and how to handle children during their different stages of growth. Resources for child development materials are available in the student library of the local colleges. You may want to enroll in early childhood education classes for a more thorough understanding of child development. Child Action, Inc. offers free workshops throughout the year on child development and their resource library contains videos, books and handouts.
- 6. Plan enough space so each age group can be on its own while you remain available to supervise.

Planning the Environment

Set up play areas and environments for all the ages in your care. Use barriers when needed, such as safety gates, big pillows or furniture. Use barriers sparingly and for short periods of time. You should include an infant or crawler in the group whenever possible.

Consider

- Holding an infant on your lap while older children are using scissors or working on crafts
- Using an empty wading pool with toys in it to separate babies from rough and tumble play or placing your own body between the two age groups

Planning different types of activities to meet the needs of each age group

- Having crawlers play on the floor while older ones play board games at the kitchen table
- Doing some activities with older children while others nap
- Having an art activity or a box with all the materials needed for pretend play organized and labeled for easy storage and accessibility
- Going through the house or center and looking at the room from the child's level. What would the baby see first? What would the toddler or preschooler see first? What appeals to the school age child?

Setting Routines

- Establish a routine that is convenient, works for your group and doesn't take you away from your supervising role
- Include all children in cleanup and preparation for the next activity
- Consider the children's ages, individual needs and interests
- Plan transitions between activities carefully, so everyone gets to the next activity without a rush. Mealtime Success
- You may have to eat in shifts, feeding infants on demand, settling them down and then feeding the others. But your goal should be to have all the children eating together whenever possible. Family-style meals include an adult sitting with the children, modeling table manners, enjoying conversation and sharing information about nutritious foods. Children will want to eat what others are eating, but be careful you're not comparing one child's appetite or food preference with another child for the purpose of getting him/her to eat. You might want to:
- Have older children help with food preparation, setting the table, serving younger children or helping with cleanup
- Provide child-sized furniture
- Use high-chairs for the infants and toddlers and utilize "booster-chairs" to adjust for smaller children in regular-sized chairs
- Offer pre-prepared snacks in containers children can open

 Have juice or milk poured or available in small pitchers for a family-style setting.

Planning Activities

Observe all of the children consistently to learn their skills and interests, then plan activities they find fun and interesting.

Enlist older children to help with younger children. They can entertain babies, read to preschoolers, put together a play or a puppet show, or teach a board game. Older children enjoy being valued for their input. Some children really like helping, but be careful not to use all their time helping care for younger children. Being your assistant can be a way for older children to avoid their own age group and a way to escape peer conflicts.

Buy open-ended toys such as blocks, Lego® and other multiple use items that can be used by different age groups.

Alternate and slightly change activities for the different age groups. For example, younger children paint and explore color, while older children use the same paint materials to express their ideas.

Look at mixed-age groups as an opportunity to learn about the different ages, individual needs and interests of all the children in your care. Learn to meet their needs before they become demands. Children develop socially when they have opportunities to observe and play with older children, siblings and adults. They are then more likely to be flexible, cooperative, focused and socially-competent members of a community.

Further Resources Books and videos are available at the Child Action, Inc. Resource Library. Here are some suggestions: Books: • Active Learning In A Family Day Care Setting by Susan McCartney • Caring For Children In Family Child Care by Derry Koralek, Laura J. Colker, and Diane Trister Dodge • The Creative Curriculum For Family Child Care by Diane Trister Dodge & Laura J. Colker •

Don't Eat Frosty



https://www.creationsbykara.com/dont-eat-frosty-free-printable-game/

Roll a Snowman Game can be found at:

https://www.amomstake.com/roll-a-snowman-printable-dice-game/



Polar Bear Hot Chocolate



Winter Coloring Page





Paper Plate Sewing Art



Find this darling craft idea at the below link

https://iheartcraftythings.com/paper-plate-heart-sewing-craft.html

This cute little snack is self explanatory. Enjoy!!



Valentine Coloring page







https://www.supplyme.com/products/beautiful-salt-watercolor-winter-snowflake-art-project-for-kids-a7275



