

Douglas County Child Care Association
Newsletter
April-June 2021 Issue





DCCCA

April-June 2021

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PPE- Personal Protective Equipment

Essential to protect oneself during an outbreak of a pandemic.....but this is PPE of a different kind!? Not your everyday masks, gloves, shields, gowns, thermometers, symptom checker lists, disinfectants....NO!

PPE..... Personal and Professional Equipment, essential for one's personal wellbeing, one's professional development, and eventually to one's state of thriving!

In the last few decades, our work in early childhood has gone from undervalued, underpaid, underappreciated, misunderstood, misinterpreted, and misrepresented to valued, needed, compensated, supported, debated, included, regulated, branded, studied, quality driven, a hot commodity, if you will! What shape is your PP Equipment in? Rusty, worn, tattered, misplaced, discarded, expired, given away?

Here we are in 2021, still navigating a global pandemic in the shadows of all that we have weathered in order to persevere, protect, serve and survive. All the while facing unanticipated overwhelming changes and loss, to now the "light at the end of the tunnel" and finally being able to contemplate the future, with an innate need for reevaluation.

B R E A T H E deeply, and let's do that together!

Assessment

First, take a deep, yet gentle, look at yourself. What kind of shape are you in personally? Measure the status of your self-esteem, your self-concept, your self-confidence, your energy... In this personal inventory exercise how are you stacking up? Time to lean in, reach out, and do some necessary repairs, readjustments? Remember real recovery work and self-care is never wasted time, it is accumulative!

Motivation

Young children and families depend upon us daily to meet their needs and prepare them for the future. In transforming others and the world, we must not lose sight of our own needs and preparing ourselves for the future. Baby steps.... back to the basics just like we teach. Eat well, sleep well and move well. Focus on all your valuable knowledge, your strengths, your resilience, your networks, your goals, and your dreams. Just get started on making progress!

Professional Development

Like most professionals whether it be a doctor, teacher, accountant, social worker, scientist, chef, manager we don't enjoy the luxury of maintaining the status quo, resting on our laurels, simply coasting along. Most careers and the workforce, are under constant influences and influxes, driving the need for ongoing professional development to remain relevant, competitive, engaged, proactive, learning, and growing towards becoming an expert! Our careers in early childhood have been nothing but "dynamic and demanding". There are countless areas of expertise we can pursue, explore, develop greater knowledge of, and skills in, to keep us enthralled, motivated and interested. When our inquisitiveness and skills progress to the point of becoming an instrumental, effective teacher and parent partner.....we are thriving!

Self-Improvement

FIRST.... look at YOURSELF and work on YOURSELF! That really is a "forever" project and mandate. Everything flows from there. There is nothing to lose, only a lifetime of progress to gain. Simple assignment, google personal inventory, motivation, professional/ personal development and pick your plan! Be a continuous learner.....

**"Give a man a fish, and you'll feed him for a day.
Teach a man to fish, and you've fed him for a lifetime."**

Chinese Proverb

Angela Rosales

It doesn't
matter
what's been written
in your
story so far
it's how you fill up
the rest of the
pages
that counts

In the Spotlight



Lisa Sadar

What is your profession/with whom and how long?

My passion and profession is in early childhood. I found this field after working too many hours to be a parent as a director of a non-profit. A master in early childhood invited me to work a "few hours" and this led to going back to school for early childhood. I worked for an early childhood council for almost 20 years before parting ways under a new administrator. I have always been an advocate for Family child care and have been thankful to contribute in some way through LFCCA and CAFCC. I just began an early childhood consulting business named (R)evolution Consulting this week.

What made you decide on your profession?

I worked for two years between high school and college to be the first in my family to go to college. I knew nothing about early childhood or even child care until my first job at an animal shelter which included teaching young children how to be safe around dogs. I left that job to stay home with a new born but was invited by preschool director to join her to work "a little". I went back school to community college classes and got my directors qualifications and quickly became involved with the Early Childhood Council in my community where I spent 20 years supporting programs through coaching and managing grants. I also became a Buell Fellow and then received a Masters in Advocacy, Leadership and Policy with a concentration in Early Childhood. I have always felt that if we are going to make the world a better place it is because we provided loving and inspiring environments for young children. I felt I could impact more children by supporting the adults who most directly impact children. People who work with children have the most important job out there!

What are some of your biggest challenges in your current position?

My current role has been challenging because I gave up my income to leave an environment that had changed and I could no longer agree with the practices there. It has taken me too long but this week I began my own consulting business for early childhood.

What are some of the most satisfying things in your position?

One of the most satisfying things about not working for an organization is that I is that I could share my thoughts and opinions without answering to anyone but myself. I became free to share my thoughts and opinions about policies and practices that I see as being harmful to others, significantly these have fallen into two categories; those that negatively impact Family Child Care Professionals, and those that negatively impact infants and toddlers.

Tell us a little about your life outside of work. Family, hobbies, etc.

For being an otherwise quiet introvert I have managed to join my husband for a fair amount of international travel related to his work as well as his passion for fishing. So far this has include Europe, Africa, South Korea, Canada and South America. On a more regular basis I get to enjoy walking and hiking in the foot-hills outside of Fort Collins. I spent the pandemic doing several remodeling projects, most not in my own home. I estimate going through 30 gallons of paint, laying at least 2000 square feet of flooring, as well as fixing plumbing, hanging doors and some minor electrical. Growing up in a working class family I learned some trades. My daughters are 25 and 21 with the oldest in the trades and engaged to be married. The youngest is at CSU soon to graduate with a goal become a middle or high school Family and Consumer Science teacher.



Growing Readers!

Supporting very young writers

Preschool aged children love to write. Always in search of a marker or crayon, those early scribbles are an important step on the path to literacy. Parents and preschool teachers can support a writer's efforts in some very simple ways. And it's never too early to start!

A child's writing typically goes through several stages, beginning with scribbling that probably won't include recognizable shapes or letters. From there, children tend to write using more letter-like shapes and later, your child may create a piece of writing that includes random strings of letters. Regardless of the stage, recognize that each effort of crayon to paper has value. Two ways to support your child's effort are through writing time and dictation.

Writing time

In school, writing time may be called Writer's Workshop. During this special time at home, provide time and fun materials for writing. This may include smelly markers, fat pencils and paper of all shapes and sizes. Encourage your child to draw and/or write, and then use this time to talk about what's been created. Early efforts will probably be readable only by your child, but let your child feel like the expert with that piece of writing. As your child gets older, you may find that the writing time starts to include more emphasis on letters and sounds. A child's name and simple words like Mom, Dad and love are often penned early. Regardless of what's been written, be proud of the work and display it for all to see.

Dictation

Writing down what your child says is a simple but effective way to model many important aspects of written language. These dictation activities can take place after a family adventure, an exciting event, or a shared book experience. It can be as simple as writing down a favorite part of a movie or book or recording what was for dessert that night. Have your child sit next to you or watch you write. Your child's watching will help her become aware of many conventions of written language, including capitalization, spacing between words, and punctuation. Keep the dictated sentences short, and use your best handwriting! These dictated sentences may be among the very first things your young writer reads all by herself. When you're done writing, encourage your child to re-read the sentences along with you.

Regardless of topic, it's always fun to hear what your child thinks was the most interesting part of a book or the most exciting part of their day. Capturing it in writing will create a memory, and it will also help your child further down the path of literacy.

Treasury Report

Jan. 1, 2021-Mar. 30, 2021

		Balance Forward	\$6,512.88
Income:		\$0.00	
	Total Income	\$0.00	
Expenses:	Telephone	\$168.05	
	Website SOS4NET	\$123.00	
	Door Prizes	\$36.64	
	Total Expenses	\$327.69	
Ending Balance:			\$6,185.19
Respectfully Submitted, Susan Moberly DCCCA/Treasurer/Membership			

January-March 2021 Referrals

Castle Rock		Highlands Ranch		Parker	
Under 2	13	Under 2	16	Under 2	15
Full Time:	8	Full Time:	11	Full Time:	10
Part Time:	5	Part Time:	5	Part Time:	5
Over 2	10	Over 2	8	Over 2	15
Full Time:	7	Full Time:	4	Full Time:	12
Part Time:	2	Part Time:	4	Part Time:	3
School Age	1	School Age	0	School Age	0
CCAP	0	CCAP	0	CCAP	0
Total	24	Total	25	Total	30
		One Child Not Born	1		
DCCCA WEBSITE	3	DCCCA WEBSITE	3	DCCCA WEBSITE	21
PROVIDER/FRIEND	7	PROVIDER/FRIEND	1	PROVIDER/FRIEND	0
OTHER:	0	OTHER:	0	OTHER:	0

EXECUTIVE BOARD AND ADDITIONAL DCCCA VOLUNTEERS			
President	Angela Rosales	303-766-9241	amagr8rose@q.com
Vice President	Vickie Scholl	303-707-0812	gtscholl@hotmail.com
Secretary	OPEN		
Treasurer Membership	Susan (Taboada) Moberly	303-841-5899	susantboada@comcast.net
	Referrals	Volunteers	
Castle Rock	Sabrina Fulks	303-660-5584	sabricus-tomemb@gmail.com
Highlands Ranch Lone Tree Acres Green Centennial	Cathleen Zeiler	303-791-3386	highlandsranchereferral@gmail.com
Parker/Elizabeth	Joanne Payne	303-805-0824	tjsspayne@msn.com
Election Coordinator	Cathleen Zeiler	303-791-3386	
Continuing Education Committee	OPEN		
Continuing Education Committee	OPEN		
State Representative	OPEN		
State Representative	OPEN		
Hospitality	Maria Ciurczak Violy Lindner Rita Predmore	303-470-8909 720-344-4505 303-690-0610	
Newsletter Editor	Vickie Scholl		
Douglas County Zoning	OPEN		
Employer Identification	EIN#	1-800-829-4933	http://www.irs.gov/businesses/smallbusinessesself-employed/employer-idnumbers

LICENSING SPECIALIST INFORMATION AND OTHER USEFUL NUMBERS		
Castle Rock: 80104, 80108, 80109	Heather Sporrer	303-866-5958 heather.sporrer@state.co.us
Highlands Ranch: 80129,80130	Jodie Gillespie Lead Licensing Specialist	720-415-6141 Jodi.gillespie@state.co.us
Highlands Ranch: 80124, 80125, 80126	Amanda Schoniger	303-866-4453 amanda.schoniger@state.co.us
Parker: 80134, 80138	Nicole Hubbell	303-866-5958 Nicole.Hubbell@state.co.us
Centennial: 80122	Cammile Espinosa	303-403-2677 Cammile.@IREEInc.com
Colorado Department of Human Services	303-866-5958	Coloradoofficeofearlychildhood.force.com
24 Hour Child Protective Line	303-271-4131	
Immunization Line	303-237-7178	
Rocky Mountain Poison Control	303-222-1222	
NAFCC (National Association for Family Child Care)	800-359-3817	
Child Find for Douglas County	720-433-0020	
	Food Programs	
Kids Nutrition Company	303-987-4851	
Southwest Food Program	719-573-2246	
Wildwood Food Program	303-730-0460	
Douglas County Child Find	720-433-0020	https://www.dcsdk12.org/cms/One.aspx?portalId=220484&pageId=5759334

Child Care Insurance Options

Dawna Nolan, Broker	720-519-0291	dawna@cowest.com
ADCO General Daycare	303-893-5770	
Adults & Children Alliance	800-433-8108 x2028	acainc.org/partners.html
Allstate Insurance	303-833-5588	
Assure Child Care	855-818-5437	Assurechildcare.com
Cherry Creek Insurance Group	303-799-0110	travelers.com
Child, Inc. Liability Insurance	800-844-8288 x108	
Child Care Insurance Professional	800-819-9992	
Dan Gillespie, Insurance Broker	303-656-6912	
Daycare Defender	800-414-1066	scdefender.com
DC Insurance Services, Inc.	800-624-0912	dcins.com/contactus.html
Farmers Insurance—Daniel	303-970-0315	
Mike Boling Markel	888-515-8537	
New England Ins. Services, Inc.	888-845-8288	neisinc.com
State Farm Ins.—Daniel West	303-790-4333	

BUTTERFLY HANDPRINT

cards



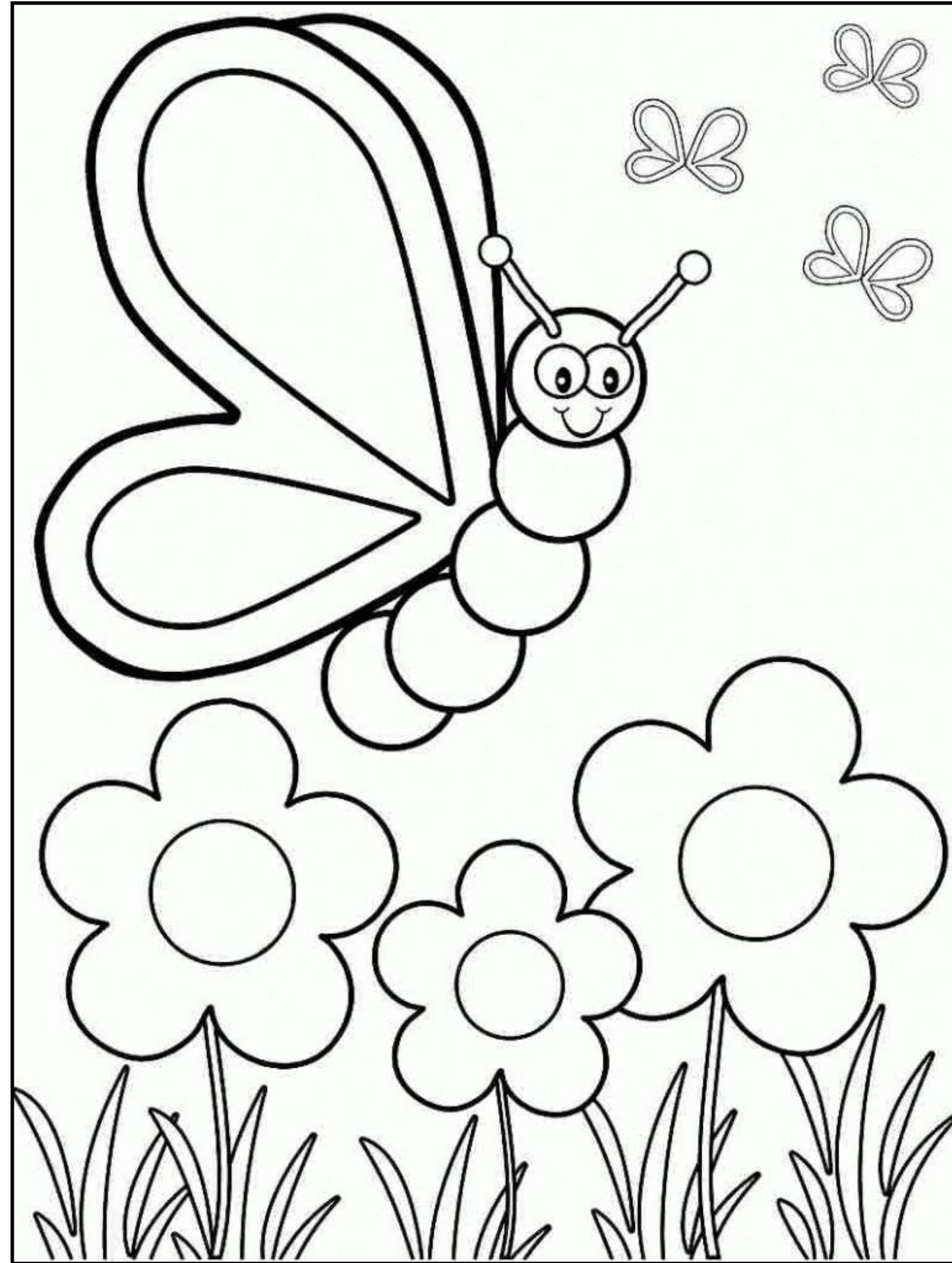
<https://www.thebestideasforkids.com/butterfly-handprint-card/>



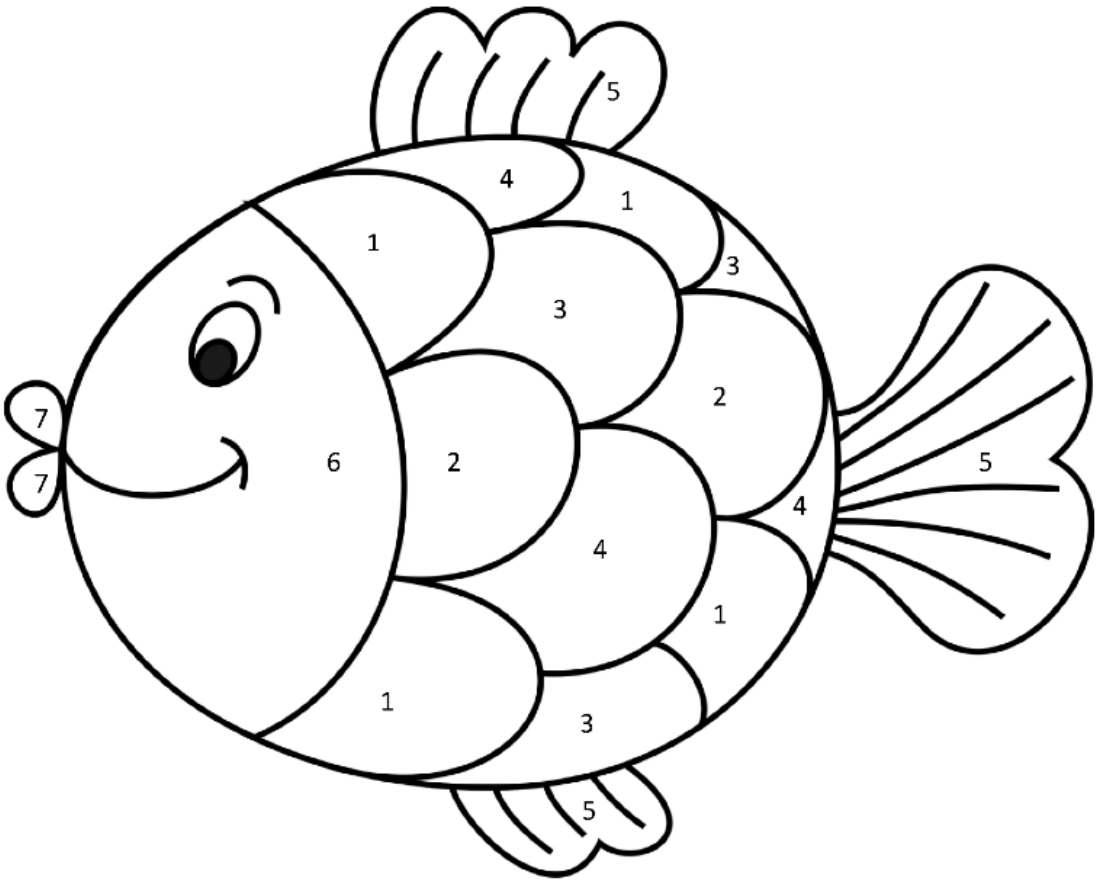
Coffee filter butterflies



<https://masandpas.com/coffee-filter-butterflies-flit-away/>



Color the fish with different colors as directed



FRUIT SQUEEZER FROZEN BANANA POPS: EASY KID SUMMER SNACK



<https://www.hellowonderful.co/post/fruit-squeezer-frozen-banana-pops-easy-kid-summer-snack/>

Easy Fruit and Marshmallow Space Rocket Snack



<https://www.mamacheaps.com/fruit-space-rocket-snack/>