

Douglas County Child Care Association
Newsletter
April - June 2020 Issue





DCCCA

January-March 2020

| | |
|---|--------------|
| Letter from OUR President, Angela Rosales | 3 |
| Never Look Back | 4 |
| In the Spotlight | 5 |
| Breastfeeding in Childcare Training | 6 |
| Treasurer Report | 7 |
| Referral Recap of Calls for 2nd Quarter | 8 |
| Executive Board & DCCCA Volunteers | 9 |
| Licensing Specialists | 10 |
| Insurance Options for your Child Care Business | 11 |
| Colorado Office of Early Childhood/Substitute's Update | 12-14 |
| Mixed Age Group Opportunities | 15-16 |
| January Ideas | 17-20 |
| Valentine's Day Ideas | 21-24 |
| March Ideas | 25-28 |
| | |

President's Letter

2020

New Year that is.... not the tv show!

Dear Colleagues,

Happy New Year for 2020 and greetings to you! May all our past successes, trials, tribulations and failures lay way for new ideas, directions, goals and accomplishments! Thank you for being a part of our professional organization. Please consider lending some volunteer hours our way in the year ahead. Perhaps in website development, newsletter assistant, education committee, state representative, or other areas of your interest. The more the merrier!

Future goals of your DCCCA board are always evolving and we are only limited by our time constraints. On the forever growing list, we have the regular operations of expanding our website as a resource, updating the bylaws/files and standard operating procedures, filling volunteer positions, increasing membership, networking/planning for quality educational classes, all the while keeping up with day to day operations.

On a new front, Vickie Scholl and I have decided to form close professional ties with our Colorado Association of Family Child Care to remain on the forefront of issues statewide. With that, we have committed to serve on CAFCC committees for finance and legislation. This requires we regularly attend state meetings and participate in committee work. This will benefit our local association with first hand knowledge and representation.

The Colorado Association of Family Child Care is a non-profit organization dedicated to the support and education of licensed family child care providers in the state of Colorado. We are an affiliate under this state organization.

Our work is intense, important, meaningful, joyful, detailed, difficult, sobering, fun, and ever evolving. Our service directly impacts young children, families, communities and the economy. With that, the CAFCC is focused for 2020 on implementing their new vision and establishing a stronger legislative presence with the assistance of a lobbyist and formed committees. When requested, your input is valuable and needed. You may be asked to become more active on a grass roots level as well. Vickie and I are dedicated to keeping you well informed and represented.

The Colorado state legislature convened January 8, 2020. Governor Polis' "Colorado State of the State" address was January 9th and I encourage you to view that. Universal pre-k, public health insurance options, tax relief, retirement savings, workforce development, HOA/IBC codes, paid family and medical care, to name a few, can impact our small business in some way. The Denver Post is a good resource for legislative directions and actions. Your Colorado Association of Family Child Care and Douglas County Child Care Association are committed to having our voices heard on both the local and state level.

Ever respectful regards,
Angela Rosales

Never Look Back

You can rise up from anything.

You can completely recreate yourself.

Nothing is permanent.

You're not stuck.

You have choices.

You can think new thoughts.

You can learn something new.

You can create new habits.

All that matters is that you decide today

and never look back.

In the Spotlight



Joanne Payne, Parker/Elizabeth Referral Agent

In 2001 I left my corporate career in Computer Information Systems to stay home with our youngest daughter and opened my licensed child-care. I believed I would return to my previous profession once our daughter was in school but found that I fell in love with providing childcare.

It's difficult to capture all the gifts of childcare. I have had the blessing of continued relationships beyond childcare years with families, seen children graduate high school and become wonderful humans. The magical moments within a multi-age environment are numerous. Witnessing developmental milestones, continuous interactions of caring, the expression of empathy and love between children have all captured my heart.



I couldn't ask for better company. When watching the wind move the trees one day a child commented, "Look the trees...they are waving at us." I haven't looked at moving trees the same since.

We have visiting mountain scrubs to whom we feed peanuts. One of the girls said, "Look it's the blue chicken!!". You can't make this stuff up (was able to find a book titled The Blue Chicken about an adventurous chicken who painted himself and his friends). Children are perfect examples of what we need more of in today's world.

Now for the difficulties. Faucet noses, decibel level 130 (live rock band), 4th+ request for Health Status and Immunization forms, Nora virus, the ever-present inflexibility in personal schedule, seemingly unengaged parents who are overstressed by work and life pressures while trying to raise a family, can all take its toll on a provider.

My husband and I moved to Parker in 1996. Our first daughter was born in 1998 and is pursuing Chemistry at UNC. Our second daughter is a high school senior and looking at what her next steps are. We try and sync our schedules for an annual family camping/hiking trip which is how we've spent our summers since they were toddlers. Last summer I fell in love with paddle-boarding, and try to keep a level of health and wellness. We sure live in a perfect state to aspire to that goal. Thanks for letting me share! Joanne

September 18, 2019

Breastfeeding Support in Childcare Training Class

Thank you to all who attended.



***Caitlin Chapman, BSN, RN, CLC
Breastfeeding Policy Specialist
Tri-County Health Dept.***



Treasury Report

October-December 2019

| | | | |
|-----------------|--|-----------------|------------|
| | | Balance Forward | \$6,928.73 |
| Income: | Membership | \$100.00 | |
| | CAFCC Membership | \$30.00 | |
| | | | |
| | Total Income | \$130.00 | |
| | | | |
| Expenses: | Telephone | \$159.35 | |
| | Website Maintenance | \$118.00 | |
| | Seminar Raffle | \$53.18 | |
| | Class Expense | \$12.34 | |
| | CAFCC Membership Dues | \$30.00 | |
| | Total Expenses | \$360.53 | |
| Ending Balance: | | | \$6,698.20 |
| | | | |
| | Respectfully Submitted, Susan Taboada DCCCA/Treasurer/Membership | | |

January-March 2019 Referrals

| Castle Rock | | Highlands Ranch | | Parker | |
|--------------------|----|------------------------|--|-----------------|----|
| Under 2 | 16 | Under 2 | | Under 2 | 18 |
| Full Time: | 14 | Full Time: | | Full Time: | 18 |
| Part Time: | 2 | Part Time: | | Part Time: | 0 |
| Over 2 | 16 | Over 2 | | Over 2 | 5 |
| Full Time: | 15 | Full Time: | | Full Time: | 5 |
| Part Time: | 1 | Part Time: | | Part Time: | 0 |
| School Age | 0 | School Age | | School Age | 2 |
| CCAP | 0 | CCAP | | CCAP | 0 |
| Total | 32 | Total | | Total | 25 |
| | | | | | |
| DCCCA WEBSITE | | DCCCA WEBSITE | | DCCCA WEBSITE | 21 |
| PROVIDER/FRIEND | | PROVIDER/FRIEND | | PROVIDER/FRIEND | |
| OTHER: | 32 | OTHER: | | OTHER: | 4 |

| | | | |
|---|--|--|---|
| President | Angela Rosales | 303-766-9241 | amagr8rose@q.com |
| Vice President | Vickie Scholl | 303-707-0812 | gtscholl@hotmail.com |
| Secretary | OPEN | | |
| Treasurer Membership | Susan Taboada | 303-841-5899 | susantboada@comcast.net |
| | | | |
| | Referrals | Volunteers | |
| Castle Rock | Sabrina Fulks | 303-814-2103 | sabricus- tomemb@gmail.com |
| Highlands Ranch Lone Tree Acres Green Centennial | Cathleen Zeiler | 303-791-3386 | highlandsrancherefer- ral@gmail.com |
| Parker/Elizabeth | Joanne Payne | 303-805-0824 | tjsspayne@msn.com |
| Election Coordinator | Cathleen Zeiler | 303-791-3386 | |
| Continuing Education Committee | OPEN | | |
| Continuing Education Committee | OPEN | | |
| State Representative | OPEN | | |
| State Representative | OPEN | | |
| Craigslist | Molly Williams | 720-488-6405 | |
| Hospitality | Maria Ciurczak Violy Lindner Rita Predmore | 303-470-8909 720-344-4505 303-690-0610 | |
| Newsletter Editor | Vickie Scholl | | |
| Douglas County Zoning | OPEN | | |
| Employer Identification | EIN# | 1-800-829-4933 | http://www.irs.gov/businesses/ smallbusinessesself-employed/ employer-idnumbers |

| | | |
|--|--|--|
| Castle Rock: 80104, 80108, 80109 | Heather Sporrer | 303-866-5958 heather.sporrer@state.co.us |
| Highlands Ranch: 80129,80130 | Jodie Gillespie Lead Licensing Specialist | 720-415-6141 Jodi.gillespie@state.co.us |
| Highlands Ranch: 80124, 80125, 80126 | Amanda Schoniger | 303-866-4453 amanda.schoniger@state.co.us |
| Parker: 80138 | Nicole Hubbell | 303-866-5958 Nicole.Hubbell@state.co.us |
| Parker: 80134 | Austin Hachmeister | (720) 629-8196 austin.hachmeister@rrcc.edu |
| Centennial: 80122 | Cammile Espinosa | 303-403-2677 Cammile.@IREEInc.com |
| Colorado Department of Human Services | 303-866-5958 | Coloradoofficeofearlychildhood.force.com |
| 24 Hour Child Protective Line | 303-271-4131 | |
| Immunization Line | 303-237-7178 | |
| Rocky Mountain Poison Control | 303-222-1222 | |
| NAFCC (National Association for Family Child Care) | 800-359-3817 | |
| Child Find for Douglas County | 720-433-0020 | |
| | Food Programs | |
| Kids Nutrition Company | 303-987-4851 | |
| Southwest Food Program | 719-573-2246 | |
| Wildwood Food Program | 303-730-0460 | |
| | | |
| | | |
| | | |

Child Care Insurance Options

| | | |
|---------------------------------|--------------------|--|
| Dawna Nolan, Broker | 720-519-0291 | dawna@cowest.com |
| | | |
| ADCO General Daycare | 303-893-5770 | |
| | | |
| Adults & Children Alliance | 800-433-8108 x2028 | acainc.org/partners.html |
| | | |
| Allstate Insurance | 303-833-5588 | |
| | | |
| Assure Child Care | 855-818-5437 | Assurechildcare.com |
| | | |
| Cherry Creek Insurance Group | 303-799-0110 | travelers.com |
| | | |
| Child, Inc. Liability Insurance | 800-844-8288 x108 | |
| | | |
| Child Care Insurance | 800-819-9992 | |
| | | |
| Dan Gillespie, Insurance Broker | 303-656-6912 | |
| Daycare Defender | 800-414-1066 | scdefender.com |
| DC Insurance Services, Inc. | 800-624-0912 | dcins.com/contactus.html |
| Farmers Insurance—Daniel | 303-970-0315 | |
| | | |
| Mike Boling Markel | 888-515-8537 | |
| | | |
| New England Ins. Services, Inc. | 888-845-8288 | neisinc.com |
| State Farm Ins.—Daniel West | 303-790-4333 | |

A Note From The Department of Human Services

Colorado Office of Early Childhood
Division of Early Care and Learning

Amanda Schoniger
Lead Licensing Specialist

Please see Updated Substitute Information send From the Office of Early Childhood

Substitutes for Family Child Care Homes

There are 3 types of substitutes and the requirements for each are covered in rules 7.707.33, 7.707.331, 7.707.34, and 7.707.36.

7.707.21 Definitions

“Emergency or urgent situation” means a personal or family situation that is critical in nature, which requires the provider to take immediate action; and leave the home to handle the emergency situation.

“Employee” means paid or unpaid individual that cares for or assists with the care of children.

“Equally qualified” means that the employee or substitute provider has the same required training and qualifications as the primary provider as specified in the Rules Regulating Family Child Care Homes.

“Substitute provider” means a paid, volunteer or contract individual responsible for caring for the children in the capacity of the provider during the provider’s absence.

All substitutes must be at least 18 years of age, capable of providing care and supervision, and capable of handling emergencies. [Regulation 7.707.331 B]

Infant/Toddler Family Child Care Home

The substitute for the provider(s) must meet the same age requirements as the provider as specified in Section 7.707.31 B. The substitute must be at least 21 years of age.

Large Family Child Care Home

Substitute primary providers must be equally qualified, as specified in Section 7.707.31C, to provide care and supervision of children in the absence of the primary provider. Substitute staff aides must be equally qualified as staff aides, as specified in Section 7.707.31A2.

Parents or guardians must be notified each time a substitute is used. [Regulation 7.707.331D]

Providers, substitutes, and employees must allow an investigation or inspection by the Colorado Department of Human Services or authorized representatives of the Department at any reasonable time for the purpose

I. Urgent/Emergency Substitute

Requirements

Must be given the names and ages of children and any special needs or health concerns.

The substitute will immediately call each parent or guardian to notify them that the provider had to leave for an emergency.

If the substitute does not meet all the requirements for the position, as listed below, they must notify parents to come and pick up their children immediately. [Regulation 7.707.331E]

II. Substitute Working Less Than 14 Days (112 hours) Per Year

Requirements

Fingerprint based background check on the provider's license number [Regulation 7.701.33 D & 7.707.34 A1]

Background Inquiry check for child abuse and neglect [Regulations 7.701.32 D1a & 7.707.34 A2]

Recognition & Reporting of Child Abuse/Neglect (Mandatory Reporter) [Regulation 7.707.32 A11]

Disaster Preparedness & Emergency Response (FEMA) [Regulation 7.701.100 A]

Building & Premises Safety training (specific to your program) [Regulation 7.707.32 A8]

Preventing Shaken Baby Syndrome and Abusive Head Trauma [Regulation 7.707.32 A10]

Prevention of SIDS/Safe Sleep (if licensed for infants) [Regulation 7.707.75 G]

Standard Precautions Training [Regulation 7.707.32 A4]

**** Recommended CPR/First Aid Module if no CPR/First Aid training or it is expired.**

Prior to caring for children, the substitute shall become familiar with:

The family child care home rules

The provider's policies and procedures

The names, ages, and any special needs or health concerns of the children

The location of emergency information [Regulation 7.707.331C]

A personnel file for each substitute must be maintained and available for review, and must contain the following information within 30 days following the first day they function as a substitute: [Regulations 7.707.36A; 7.707.36B]

Name, address, telephone number, and birth date of the individual

A record of the dates and hours they function as a substitute, including the first date and final date

Emergency contact names, addresses and telephone numbers for the individual

A signed statement defining child abuse and mandated reporter responsibilities (Your licensing specialist can provide a copy of this.)

A signed statement verifying that the substitute has read and understands the home's policies and procedures

Signed perjury statement [Regulation 7.701.8]

III. Substitute Working 14 Days (112 hours) Or More Per Year

Requirements A substitute working in the home for 14 days or more per calendar year must meet the requirements for II above and in addition must complete:

First Aid and CPR training [Regulation 7.707.B. 7]

Current Health Evaluation

Medication Administration training [Regulation 7.707.B. 7]

15 hours or more of approved training (including at least 3 hours in Social Emotional). [Regulation 7.707.36B7] (see FCCH Admin Guide)

The personnel file must contain verification of the above listed requirements and official written verification of education, work experience, and previous employment, as applicable for the position; and, if obtained, a copy of a current Colorado Early Childhood Professional Credential. [Regulation 7.707.36A; Regulation 7.707.36B]

Mixed Age Group Benefits

Special Opportunities

Family child care home settings provide opportunities for several different age groups to be cared for at the same time. Most experts agree there are many benefits to this type of child care. Educator Lillian Katz in *The Case for Mixed-Age Grouping in Early Education* (NAEYC) 1993, feels that in these “family units” younger members observe, emulate and imitate a wide range of skills. Most younger children are not equally mature in all areas of development. Older children can offer leadership, tutoring experiences and may assume some of the responsibility for less mature and knowledgeable members. She also feels there are greater opportunities for children to develop friendships with others who match, complement or supplement their own needs and styles.

Children need a sense of community that includes people of all ages, interests and skills. This support enables them to grow into healthy, socially-skilled adults. They can learn empathy, patience and they develop a healthy self-esteem while helping others.

On the business side, caring for several children from different age groups at the same time is a good way to help providers maintain full enrollment. In addition, many families looking for child care for school-age children want to keep all their children together.

Meeting the Challenges

Providing child care for children from several age groups can be a great challenge – especially to a new provider. For instance, what do you do when two babies are crying at once? What if a toddler wants to get into the game the “big kids” are playing? Or how do you respond if the “big kids” want to kick a ball where the preschoolers are playing? Through trial and error child care providers have come up with great suggestions. Most providers emphasize planning and organization. They feel that having a routine and planning how the day should be organized are critical factors for success.

Organizing for Care

1. Don't jump into taking the maximum capacity of children you are licensed for right away – start slowly.
2. Put the babies together with supervision. They are fascinated with each other's faces and behavior.
3. Look for a family that fits into the current group. Consider your own philosophy and compare it with their views on child-rearing.
4. Have a two-week trial period to look at the children's ages and temperament to see whether they all get along together.
5. Educate yourself about child development. Learn what is developmentally appropriate, what kinds of behaviors are typical at certain ages and how to handle children during their different stages of growth. Resources for child development materials are available in the student library of the local colleges. You may want to enroll in early childhood education classes for a more thorough understanding of child development. Child Action, Inc. offers free workshops throughout the year on child development and their resource library contains videos, books and handouts.
6. Plan enough space so each age group can be on its own while you remain available to supervise.

Planning the Environment

Set up play areas and environments for all the ages in your care. Use barriers when needed, such as safety gates, big pillows or furniture. Use barriers sparingly and for short periods of time. You should include an infant or crawler in the group whenever possible.

Consider:

- Holding an infant on your lap while older children are using scissors or working on crafts
- Using an empty wading pool with toys in it to separate babies from rough and tumble play or placing your own body between the two age groups

Planning different types of activities to meet the needs of each age group

- Having crawlers play on the floor while older ones play board games at the kitchen table
- Doing some activities with older children while others nap
- Having an art activity or a box with all the materials needed for pretend play organized and labeled for easy storage and accessibility
- Going through the house or center and looking at the room from the child's level. What would the baby see first? What would the toddler or preschooler see first? What appeals to the school age child?

Setting Routines

- Establish a routine that is convenient, works for your group and doesn't take you away from your supervising role
- Include all children in cleanup and preparation for the next activity
- Consider the children's ages, individual needs and interests
- Plan transitions between activities carefully, so everyone gets to the next activity without a rush. Mealtime Success
- You may have to eat in shifts, feeding infants on demand, settling them down and then feeding the others. But your goal should be to have all the children eating together whenever possible. Family-style meals include an adult sitting with the children, modeling table manners, enjoying conversation and sharing information about nutritious foods. Children will want to eat what others are eating, but be careful you're not comparing one child's appetite or food preference with another child for the purpose of getting him/her to eat. You might want to:
 - Have older children help with food preparation, setting the table, serving younger children or helping with cleanup
 - Provide child-sized furniture
 - Use high-chairs for the infants and toddlers and utilize "booster-chairs" to adjust for smaller children in regular-sized chairs
 - Offer pre-prepared snacks in containers children can open

- Have juice or milk poured or available in small pitchers for a family-style setting.

Planning Activities

Observe all of the children consistently to learn their skills and interests, then plan activities they find fun and interesting.

Enlist older children to help with younger children. They can entertain babies, read to preschoolers, put together a play or a puppet show, or teach a board game. Older children enjoy being valued for their input. Some children really like helping, but be careful not to use all their time helping care for younger children. Being your assistant can be a way for older children to avoid their own age group and a way to escape peer conflicts.

Buy open-ended toys such as blocks, Lego® and other multiple use items that can be used by different age groups. Alternate and slightly change activities for the different age groups. For example, younger children paint and explore color, while older children use the same paint materials to express their ideas.

Look at mixed-age groups as an opportunity to learn about the different ages, individual needs and interests of all the children in your care. Learn to meet their needs before they become demands. Children develop socially when they have opportunities to observe and play with older children, siblings and adults. They are then more likely to be flexible, cooperative, focused and socially-competent members of a community.

Further Resources Books and videos are available at the Child Action, Inc. Resource Library. Here are some suggestions: Books: • Active Learning In A Family Day Care Setting by Susan McCartney • Caring For Children In Family Child Care by Derry Koralek, Laura J. Colker, and Diane Trister Dodge • The Creative Curriculum For Family Child Care by Diane Trister Dodge & Laura J. Colker •

Don't Eat Frosty



DON'T EAT FROSTY
printable game
creationsbykara.com



Roll a Snowman Game can be found at:

<https://www.amomstake.com/roll-a-snowman-printable-dice-game/>



Roll a Snowman

 -eyes

 -mouth

 -nose

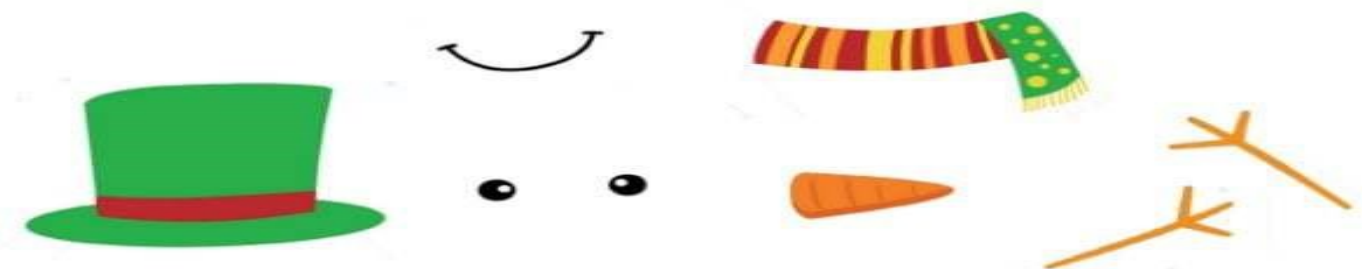
 -arms

 -scarf

 -hat

Free Printable
Dice Game!

Free Printable From: www.amomstake.com/roll-a-snowman-printable-dice-game



Polar Bear Hot Chocolate



Winter Coloring Page





Lift-the-Flaps Valentine Game



Paper Plate Sewing Art



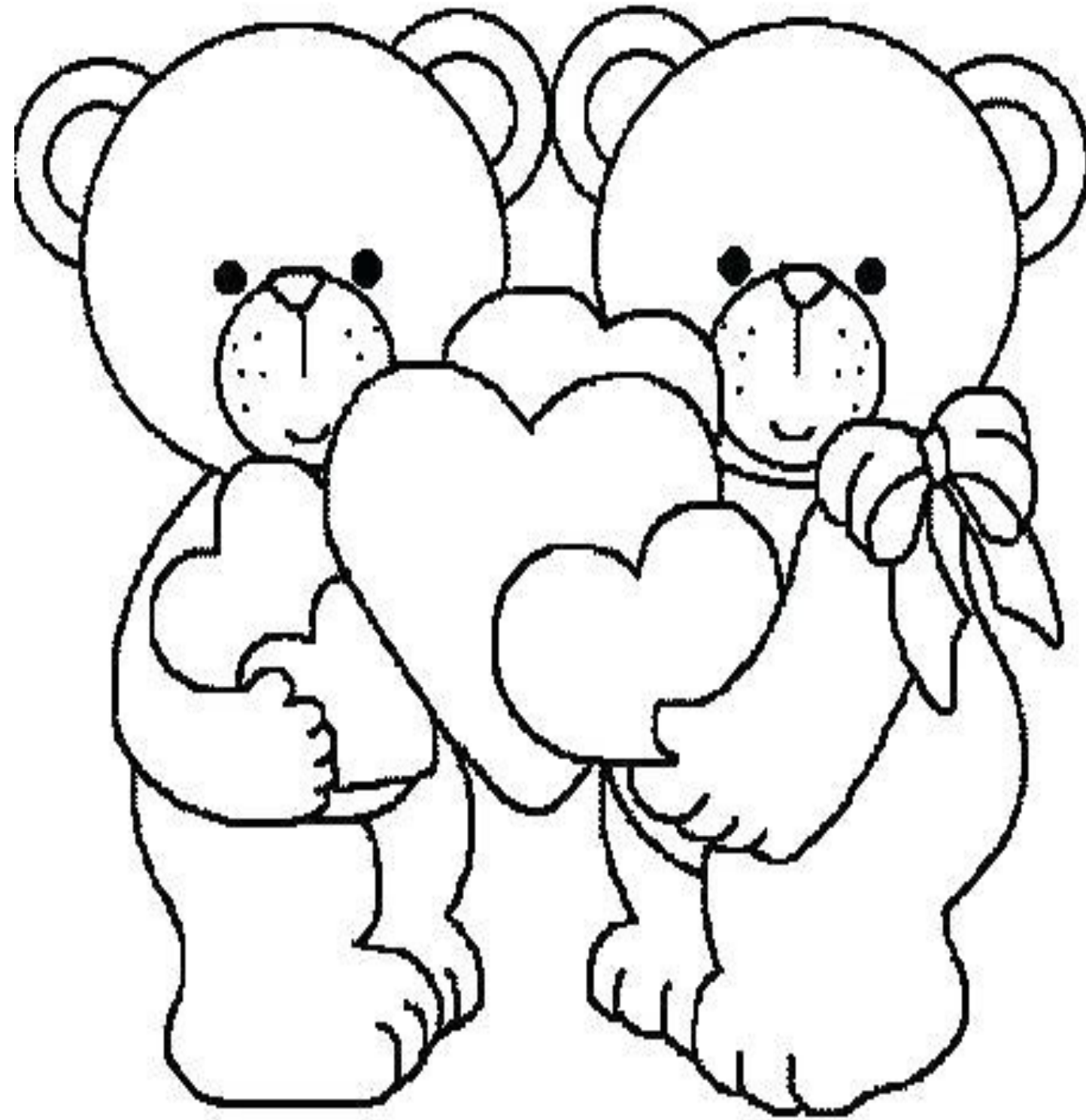
Find this darling craft idea at the below link

<https://iheartcraftythings.com/paper-plate-heart-sewing-craft.html>

This cute little snack is self explanatory. Enjoy!!



Valentine Coloring page



easy DIY *Feed
the Penguin!*
Game for Kids



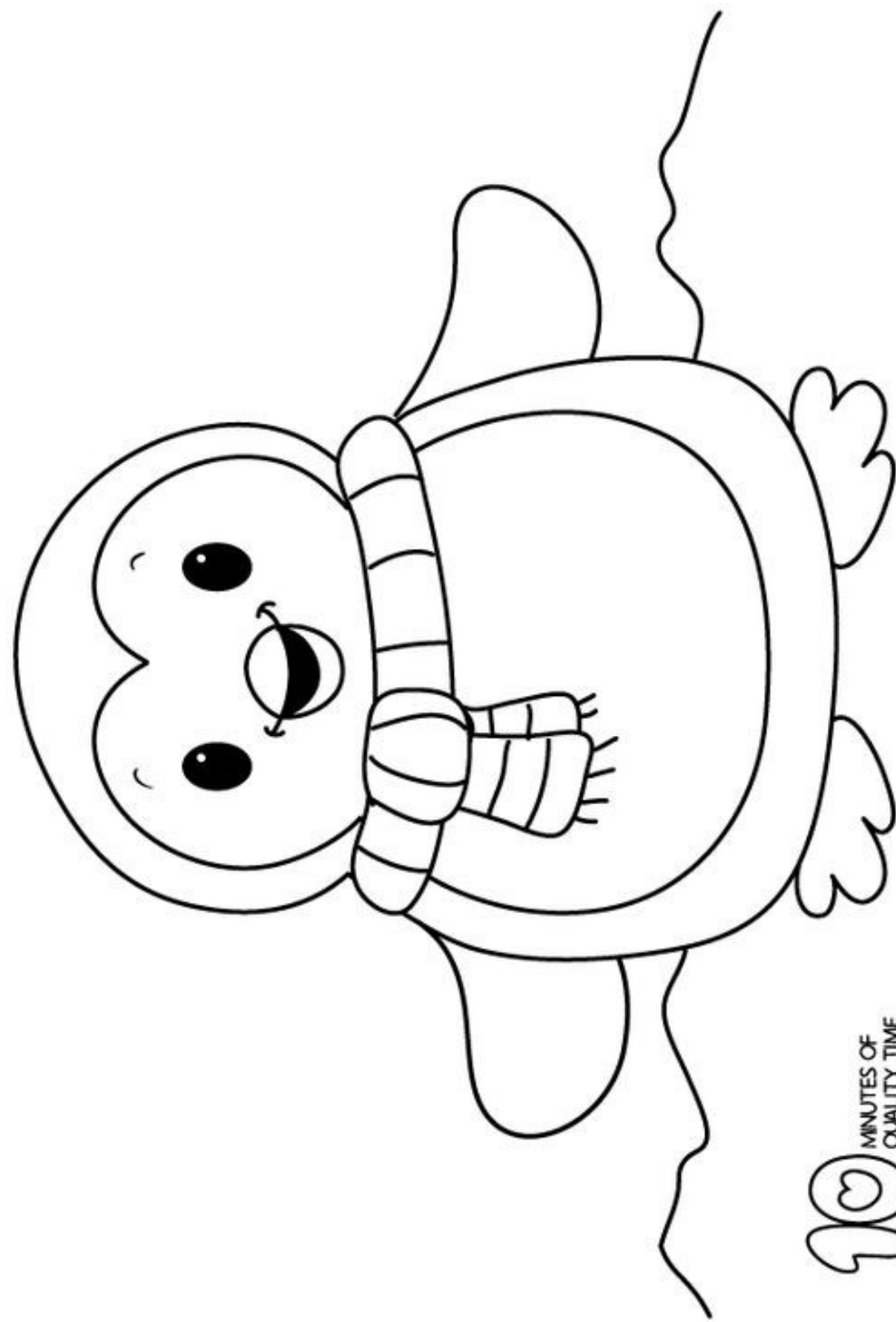
[https://www.supplyme.com/products/feed-the-penguin-preschool-game-for-kids-a6897?
utm_source=Pinterest&utm_medium=Social](https://www.supplyme.com/products/feed-the-penguin-preschool-game-for-kids-a6897?utm_source=Pinterest&utm_medium=Social)



<https://www.supplyme.com/products/beautiful-salt-watercolor-winter-snowflake-art-project-for-kids-a7275>

Banana Snowmen





10 MINUTES OF
QUALITY TIME