Douglas County Child Care Association Newsletter April-June 2024 Issue





DCCCA

April-June 2024

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President's Letter April 2024 Not saying "so long" The time has come to pass the baton, move on, and defiantly not saying... "so long"! Just yet. I hope to continue teaching and caring for children a few more years and help our association through a transition of new leadership! Letting go is hard. Believing in the mission of our association and trusting it will continue, is a leap of faith! I encourage you, my colleagues, to harness all of your hard-earned knowledge, and experience, and consider a two-year board or volunteer position with the Douglas County Child Care Association. We need you. Serving as president of the DCCCA for almost eight years now, has been a profoundly wholelife changing experience, and a professionally powerful, uplifting adventure! Highlights will be.....witnessing your professional journeys, your personal growth and development, along with facilitating the elevation of our profession both locally, statewide and nationally. I am grateful for the board members and DCCCA volunteers I have worked alongside of. You became the "wind under my wings", a forged partnership of complimenting strengths, a trusted and unmatched alliance! I am grateful for all the special connections made, the shared support and guidance, the combined strength of our membership to preserve together... through so much these past years! May you continue your journey with abundant supplies, those you rely on beside you, trust in your own strength and abilities, enough courage to listen to your heart and act on your instincts! Never forget the difference you make! Bon Voyage! Angela Rosales

Vice President's Letter
April 2024

Dear members, as my time as Vice President comes to a close, I want to express my gratitude for the opportunity to serve as your Vice President. As Vice President, I have been continually inspired with your commitment to excellence in early childhood. It has helped to shape our industry in such a positive way.

I am grateful for the trust you placed in me to represent this great association. I am confident that under new leadership our association will continue to thrive and achieve even greater success in the future.

Thank you once again for the opportunity to serve as your Vice President. It has been an honor and a privilege to work for and with you all.

I look forward to supporting the Douglas County Child Care Association in any way I can.

Thank you Vickie Scholl

Spring is here Spring is fun Spring with kids playing around Spring is hot Sometimes rainy Spring break! With kids so happy Spring is good Spring maybe have bad luck Sometimes people go indoors because it is... So hot! People love spring So do I! Spring is here Spring is very fun Spring is almost done, so Say bye- bye! So now you will see next year that it will be back to Spring!!! By Zoe

Being Born Even a Bit Early Could Harm a Child's Development HEALTHDAY

By Dennis Thompson HealthDay Reporter



FRIDAY, Jan. 25, 2024 (HealthDay News) -- Babies born even slightly early have a higher long-term risk of developmental difficulties that could affect their behavior and learning ability, a new study finds. Infants born moderately (32-33 weeks) or late preterm (34-36 weeks) are more likely to have epilepsy or problems with brain function, motor skills, vision or hearing, according to analysis of data from more than 1 million Swedish children.

About 80% of preterm births fall into these categories, researchers noted.

"The risks should not be underestimated as these children comprise the largest proportion of children born preterm," concluded the team led by senior researcher <u>Dr. Jenny Bolk</u>, a consultant neonatologist with the Karolinska Institute in Stockholm.

"The findings may help professionals and families to better assess risk, follow-up and healthcare systems planning for children born moderately or late preterm," they added.

Previous studies have shown that babies born early have higher risks of developmental and behavioral disabilities through childhood and adolescence, researchers said.

However, few studies have investigated long-term outcomes of these children, compared with children born at full term.

For this study, researchers analyzed Swedish health data to compare children born at full term (39-40 weeks) compared to moderate- or late-preterm births.

The data included nearly 1.3 million babies born without birth defects in Sweden between 1988 and 2012.

During an average follow-up period of 13 years, more than 75,000 children had at least one diagnosis of developmental impairment.

Babies born moderately or late preterm showed higher risks for any developmental impairment than those born at full-term, results showed.

That included a nearly five-fold increased risk of motor impairment and a nearly two-fold increased risk of epilepsy for children born moderately preterm, the study found.

The results were published Jan. 24 in the *BMJ* journal.

Researchers noted in a journal news release that since this was an observational study, they can't establish a direct cause-and-effect relationship between preterm birth and developmental problems.

For example, they can't rule out the possibility that factors like alcohol or substance use during pregnancy caused some of the developmental difficulties.

More information

The March of Dimes has more on the <u>long-term health effects of premature birth</u>. SOURCE: *BMJ*, news release, Jan. 24, 2024 Copyright © 2024 <u>HealthDay</u>. All rights reserved.

Treasury Report – 3rd Quarter January 1, 2024 – March 31, 2024

		Balance Forward	\$5,156.71
Income:			
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	Total Income	\$0.00	
Expenses:	Website	\$149.98	
	Education	\$338.97	
	Office Supplies	\$78.83	
	Total Expenses	\$567.78	
Ending Balance			\$4,588.93
Respectfully Submitted, Susan Moberly DCCCA/Treasurer/Membership			

January-March 3rd Quarter					
2024 Referrals					
Castle Rock		Highlands Ranch		Parker	
Under 18 months	16	Under 18	14	Under 18	5
Full Time:	14	Full Time:	9	Full Time:	4
Part Time:	2	Part Time:	5	Part Time:	1
Over 18 months	14	Over 18	2	Over 18	3
Full Time:	14	Full Time:	2	Full Time:	1
Part Time:	0	Part Time:	0	Part Time:	2
School Age	0	School Age	0	School Age	0
Total	30	Total	16	Total	8
DCCCA WEBSITE	5	DCCCA WEBSITE	8	DCCCA WEBSITE	8
Colorado Shines	13	Colorado Shines	0	Colorado Shines	0
PROVIDER	6	PROVIDER	1	PROVIDER	0
OTHER:	1	OTHER:	2	OTHER:	0

EXECUTIVE BOARD AND ADDITIONAL DCCCA VOLUNTEERS			
President	Angela Rosales	303-766-9241	amagr8rose@q.com
Vice President	Vickie Scholl	303-707-0812	gtscholl@hotmail.com
Secretary	OPEN		
Treasurer Membership	Susan Moberly	303-841-5899	susantboada@comcast.net
	Referrals	Volunteers	
Castle Rock	Sabrina Fulks	303-660-5584	<u>sabricus-</u> tomemb@gmail.com
Highlands Ranch Lone Tree Acres Green Centennial	Cathleen Zeiler	303-791-3386	<u>highlandsrancherefer-</u> ral@gmail.com
Parker/Elizabeth	Joanne Payne	720-353-0278	tjsspayne@msn.com
Election Coordinator	OPEN		
Continuing Education Committee	OPEN		
Continuing Education Committee	OPEN		
State Representative	OPEN		
State Representative	OPEN		
Hospitality	Maria Ciurczak Violy Lindner Rita Predmore	303-470-8909 720-344-4505 303-690-0610	
Newsletter Editor	Vickie Scholl		
Douglas County Zoning	OPEN		
Employer Identification	EIN#	1-800-829-4933	http://www.irs.gov/businesses/ smallbusinessesself-employed/ employer-idnumbers

LICENSING SPECIALIST INFORMATION AND OTHER USEFUL NUMBERS

Supervisor	Christa Snodgrass	720-425-6294 <u>Christa.Snodgrass@state.co.us</u>
Lead Specialist	Amanda Schoniger	720-584-0380 Amanda.Schoniger@state.co.us
Highlands Ranch 80124, 80126, 80129	Sam Nikui	720-600-8641 Samantha.Nikui@State.co.us
80134	Jennifer Girdler	720-688-2381 Jennifer.girdler@state.co.us
Castle Rock: 80101, 80104, 80108, 80109, 80135, 80116,80118	Heather Sporrer	720-237-2298 heather.sporrer@state.co.us
Parker: 80138, 80130, 80125 Centennial: 80112	Tina LePage	719-619-6260 <u>Tina.LePage@state.co.us</u>
Douglas County/QRIS Level 3-5 Coach/Navigator	Katie Nester	303-258-6245 <u>ececon-</u> <u>sultingwithKatie@outlook.com</u>
QRIS Level 1-2 Coach/ Navigator/PDIS/Licensure	Beth Burke	720-287-9882 <u>Beth.Burke@rrcc.edu</u>
Colorado Department of Early Childhood	1-800-799-5876	https://cdec.colorado.gov/
24 Hour Child Protective Line	303-271-4131	
Immunization Line	303-237-7178	
Rocky Mountain Poison Control	303-222-1222	
NAFCC (National Association for Family Child Care)	800-359-3817	
Child Find for Douglas County	720-433-0020	https://www.dcsdk12.org/cms/ One.aspx? portalid=220484&pageId=5759334

LICENSING SPECIALIST INFORMATION AND OTHER USEFUL NUMBERS			
Colorado Association of Family Child Care (CAFCC)	(303) 403-4262	coloradocafcc.org	

Food Programs		
Southwast Food Dragram	719-573-2246	southwestcacfp.com
Southwest Food Program	/19-5/3-2246	
Wildwood Food Program	303-730-0460	www.wildwoodonline.com
Kids Nutrition Company	303-987-4851	kncinc.org

Coffee Filter Butterflies

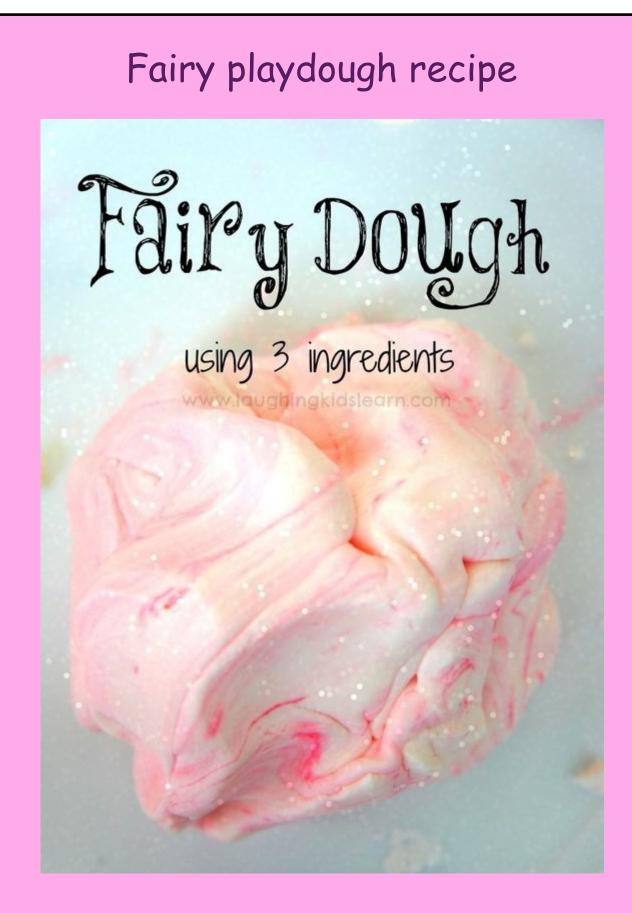


https://www.organizedisland.com/how-to-make-coffee-filterbutterflies/





https://www.momdot.com/diy-nebula-jar-instructions/



https://laughingkidslearn.com/fairy-playdough-recipe/



https://www.theproducemoms.com/frozen-banana-yogurt-pops/?

Frozen Candy Grapes with Jello



https://kitchenfunwithmy3sons.com/candy-grapes/

Blueberry Vanilla Greek Yogurt Granola Bars

